

## Waitrose Own Label Products

### Suitable for those Avoiding Milk/Lactose

#### Advice on milk allergy and lactose intolerance

An allergy to milk and milk products is more common in babies and young children and is usually outgrown. More common in adulthood is an intolerance to lactose, a sugar found in cows and goats milk, or an intolerance to casein, a protein found in cows milk.

Milk and milk products are a good source of protein and the minerals calcium and riboflavin, so cutting it out completely from your diet, without medical advice, could mean that you miss out on nutrients in your diet. If you choose a milk/lactose free diet, you need to ensure you are getting these nutrients from other sources. For more information, visit [waitrose.com/nutrition](http://waitrose.com/nutrition)

#### **Important Information:**

The way Waitrose label foods is changing to meet European legislation. Allergens will now be highlighted in bold in the ingredients list, instead of the allergy advice panel. These changes will be fully effective by December 2014.

**In the meantime both new and old labels will exist, so please check the label carefully to ensure the product is suitable for your diet.**

This list contains Waitrose own-label products (excluding those served loose and over the counter) that are free from the following:

- Butter
- Caseinates/casein/hydrolysed casein
- Cheese
- Cream products
- Lactose
- Milk/milk solids/non-fat milk solids
- Skimmed milk powder
- Whey (including margarines containing whey)
- Yogurt

#### **Please note:**

Due to methods employed during chocolate manufacture, all products containing dark chocolate will carry a "May contain milk" statement.

*Lists are updated on a regular basis as recipes may change occasionally. Customers are advised to always check the ingredients lists on pre-packed products and ask for information on products served over the counters.*

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To make it easier for you to use this list, we have excluded some categories where all the products are suitable. These are listed overleaf.

**The following categories have been excluded from this list as all own-label products within them are suitable for those avoiding milk or lactose:**

- Bacon
- Carbonated drinks
- Dilutes (e.g. squash & cordial)
- Dried herbs & spices
- Flour
- Fresh eggs
- Fresh fruit and vegetables, loose
- Ground coffee
- Mineral waters
- Oils & vinegars
- Pickles
- Tea

**In addition, the following categories are not included in this report:**

- Bake off bread
- Salad bars
- Chocolates sold loose
- Celebration cakes
- Alcoholic drinks

**Please note, this is a guide only and it is advisable to always check the label.**

**Waitrose Own Label Products Suitable for those Avoiding Milk/Lactose**

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Category	Line	Product Name	Size	Sub-Brand
BOTTLE SAUCE BBQ & CONDS	7636	French Mustard	180g	Essential Waitrose
	7637	Dijon Mustard	180g	Essential Waitrose
	7639	Wholegrain Mustard	185g	Essential Waitrose
	7640	English Mustard	180g	Essential Waitrose
	26930	Essential Waitrose brown sauce 480g	480g	Essential Waitrose
	34629	Cranberry Sauce	195g	Essential Waitrose
	34630	Cranberry Sauce	305g	Essential Waitrose
	34638	Tartare Sauce	290g	Essential Waitrose
	34639	Tartare Sauce	180g	Essential Waitrose
	34649	Hot Horseradish Sauce	180g	Essential Waitrose
	34650	Hot Horseradish Sauce	285g	Essential Waitrose
	34654	Seafood Sauce	285g	Essential Waitrose
	34671	Mint Jelly	340g	Essential Waitrose
	34674	Bramley Apple Sauce	180g	Essential Waitrose
	34675	Bramley Apple Sauce	285g	Essential Waitrose
	97580	Tomato Ketchup	470g	Essential Waitrose
	99260	Redcurrant jelly	340g	Essential Waitrose
	380533	Waitrose Hot and Fiery Tewkesbury Mustard	185g	Essential Waitrose
	416610	Wild Cranberry Sauce	205g	
	428660	Cranberry Sauce with Port	200g	Waitrose Duchy Organic
	508818	Wholegrain Mustard with Old Ruby Ale	170g	Waitrose Duchy Organic
	684758	Wholegrain Mustard with Honey	170g	Waitrose Duchy Organic
	751103	Mint Sauce	195g	
	826713	Mint Sauce	275g	Essential Waitrose
	855662	Apple Sauce with Kentish Cider	200g	
	885390	Redcurrant Sauce with Ruby Port	215g	
	889136	Reduced Fat Seafood Sauce	285g	Essential Waitrose
<b>BOTTLE SAUCE BBQ &amp; CONDS</b>	<b>27</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
BREAKFAST FOODS	1072	Branflakes 500g	500g	Essential Waitrose
	1201	honey nut corn flakes 500g	500g	Essential Waitrose
	1203	Fruit & Fibre 500g	500g	Essential Waitrose
	1204	corn flakes 500g	500g	Essential Waitrose
	1205	corn flakes 750g	750g	Essential Waitrose
	1206	rice pops 440g	440g	Essential Waitrose
	1216	Wholewheat Biscuits	24s	Essential Waitrose
	1223	Porridge Oats	500g	Essential Waitrose
	1224	Porridge Oats	1kg	Essential Waitrose
	1308	Fruit & Nut Muesli 1kg	1kg	Essential Waitrose
	1325	Fruit & Nut Muesli 500g	500g	Essential Waitrose
	1326	Fruit Muesli 500g	500g	Essential Waitrose

	1359	Porridge Oats with Wheatbran	1kg	Essential Waitrose
	3641	Orchard Fruit and Berries Muesli	1kg	
	5188	Sweet & Nutty Raisin, Almonds & Honey Granola	1kg	
	23392	Muesli Maple Triple Nut	1kg	
	24778	Golden & Exotic Banana, Papaya & Honey Granola	1kg	
	29617	wholegrain apricot wheats 500g	500g	Essential Waitrose
	32284	Fruit & Fibre 750g	750g	Essential Waitrose
	35631	Crunchy & Tangy Blueberry & Cranberry Granola	1kg	
	43826	Fruit Muesli 1kg	1kg	Essential Waitrose
	63061	Malted Wheats	750g	Essential Waitrose
	92131	Duchy Organic	1kg	Organic
	376448	Oat and Barley Porridge	550g	Duchy Originals from Waitrose, Organic
	410882	Seriously Nutty Popcorn Muesli	550g	Seriously
	412042	wholegrain blueberry wheats 500g	500g	Essential Waitrose
	458013	Seriously Fruity Mixed Berry Crisp	500g	Seriously
	493576	Fruit and Nut Porridge	750g	LOVE life
	518142	Bircher Muesli	750g	LOVE life
	554495	Cherry Bakewell Granola	500g	Seriously
	579521	Waitrose Cacao Nib Porridge Oats	8x36g	LoveLife
	592222	Berry Muesli	750g	LOVE life
	615972	Seriously Nutty Maple and Mixed Nut Crisp	500g	Seriously
	667016	Coffee, Date & Chocolate Muesli	650g	Waitrose 1
	712961	High Fibre Muesli	750g	LOVE life
	716148	Organic Muesli	750g	LOVE life
	730364	Pistachio, Raspberry, Apple & Apricot Granola	500g	Seriously
	732781	Branflakes 750g	750g	Essential Waitrose
	745235	Waitrose Nutty Porridge Oats	8x34g	LoveLife
	773966	Sultana Bran 750g	750g	Essential Waitrose
	791432	Waitrose Mixed Berries Porridge Oats	8x36g	LoveLife
	843416	Flower Petal Muesli	650g	Waitrose 1
	851478	Essentials Instant Oats Golden Syrup Flavour	10x39g	Essential Waitrose
	873709	Essentials Instant Oats	10x27g	Essential Waitrose

**BREAKFAST FOODS**

44 Products

Category	Line	Product Name	Size	Sub-Brand
BUTTER & FATS	564594	Aberdeen Angus Beef Dripping	200g	Cooks' Ingredients
	593735	a generous spoonful of goose fat	200g	Cooks' Ingredients
<b>BUTTER &amp; FATS</b>	<b>2</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
CAFES	1976	Bombay Potato	portion	Cafe
	10306	Pilau Rice	portion	Cafe
	15195	Hot & Spicy 6-Cut Wedge	2.5kg	Cafe

	16223	Sweet and Sour Chicken	portion	Cafe
	16413	Kenyan AA Cafetiere Sachets 18g	200xsachet	
	16417	Fairtrade Colombian Cafeteire sachets 18g	200xsachet	
	16424	Fairtrade Peruvian Decaff Cafeteire 18g	200xsachet	Organic
	16427	Espresso Milano 500 g	1kg	
	17024	Green Thai Chicken Curry	portion	Cafe
	29094	minestrone soup	2kg	Cafe
	32260	Cumberland Sausage in a roll	each	
	33764	Beef in Black Bean Sauce	portion	Cafe
	38618	tomato & basil soup	3x2kg	Cafe
	44277	Hot & Spicy 6-Cut Wedge	each	Cafe
	49798	Cumberland Sausage 8s	60g	Cafe
	55888	Red Thai Chicken Curry	portion	Cafe
	59357	Chilli con carne	portion	Cafe
	59483	Tasty & tempting chicken casserole	portion	Cafe
	65957	Children's meal - sausage & wedges	each	
	69149	Spinach & Carrot Pilau Rice	portion	Cafe
	84565	Boiled rice	portion	Cafe
	97818	Aberdeen Angus Beef Sirloin Steak - 3oz	each	Cafe
	97901	Egg Fried Rice	portion	Cafe
	98420	Cooked and Smoked Back Bacon	2x1kg	Cafe
	98422	Bacon in a roll	each	
	387016	moroccan inspired chicken soup	2kg	Cafe
	558192	chicken & vegetable broth	2kg	Cafe

## CAFES

27 Products

Category	Line	Product Name	Size	Sub-Brand
CANNED FISH & MEAT	22536	Sardine Fillets in Olive Oil	120g	Essential Waitrose
	22537	Sardines in Sunflower Oil	120g	Essential Waitrose
	22538	Sardines in Tomato Sauce	120g	Essential Waitrose
	22539	Sardines in Olive Oil	120g	Essential Waitrose
	22540	Sardines in Water	120g	Essential Waitrose
	22542	Sardines al Limone	120g	
	22543	Sardine Piccanti	120g	
	23680	Swiss Style Rosti	400g	
	23681	Bacon & Onion Potato Sauté	400g	
	372890	Tuna Steak In Olive Oil	200g	Essential Waitrose
	377943	Anchovy Fillets in Extra Virgin Olive Oil (40%)	50g	
	395648	Mackerel Fillets in Spring Water	125g	Essential Waitrose
	450940	Wild Red Salmon (Skinless and Boneless) 170g	170g	Essential Waitrose
	452058	Anchovy Fillets in Extra Virgin Olive Oil (40%)	100g	
	465913	Tuna steak in Spring Water 4 pack	4x200g	Essential Waitrose
	551684	MSC Tuna Steak in Olive Oil 4 pack	4x200g	Essential Waitrose
	593719	Mackerel fillets in tomato sauce	125g	Essential Waitrose

	619706	Hand-prepared Albacore Tuna Fillets in Spring Water	225g	
	677353	Mackerel fillets in olive oil	125g	Essential Waitrose
	710682	Wild Red Salmon 213g	213g	Essential Waitrose
	724427	Wild Red Salmon 105g	105g	Essential Waitrose
	739927	MSC Skipjack Chunks in Sunflower Oil 4x160g	4x160g	
	749886	Hand-prepared Albacore Tuna in Extra Virgin Olive Oil (28%)	220g	Essential Waitrose
	791923	Tuna steak in Spring Water	200g	Essential Waitrose
	802838	Mackerel fillets in spicy tomato sauce	125g	Essential Waitrose
	805573	MSC Skipjack Chunks in Spring Water 4x160g	4x160g	

**CANNED FISH & MEAT**

26 Products

Category	Line	Product Name	Size	Sub-Brand
CANNED FRUIT & DESSERTS	2157	Sponge Fingers	175g	
	11179	Mixed Grapefruit Segments in light syrup	539g	Essential Waitrose
	20103	Apricot Halves in Fruit Juice	220g	Essential Waitrose
	20107	Apricot Halves in Light Syrup	410g	Essential Waitrose
	20110	Apricot Halves in Fruit Juice	410g	Essential Waitrose
	20124	Peach Slices in fruit juice	205g	Essential Waitrose
	20130	Peach Slices in fruit juice	410g	Essential Waitrose
	20133	Peach slices in light syrup	410g	Essential Waitrose
	20139	Peach halves in light syrup	410g	Essential Waitrose
	20140	Peach halves in fruit juice	410g	Essential Waitrose
	20203	Pear Quarters in Fruit Juice	220g	Essential Waitrose
	20206	Pear Halves in Light Syrup	411g	Essential Waitrose
	20208	Pear Halves in Fruit Juice	410g	Essential Waitrose
	20304	Pineapple slices in light syrup	227g	Essential Waitrose
	20310	Pineapple pieces in light syrup	425g	Essential Waitrose
	20314	Pineapple pieces in fruit juice	425g	Essential Waitrose
	20316	Pineapple slices in fruit juice	227g	Essential Waitrose
	20317	Pineapple slices in fruit juice	425g	Essential Waitrose
	20327	Grapefruit segments in apple juice	540g	Essential Waitrose
	20402	Mandarin Oranges in Light Syrup	312g	Essential Waitrose
	20404	Mandarin Oranges in Fruit Juice	298g	Essential Waitrose
	20519	Tropical Fruit Salad in Light Syrup and Fruit Juice	411g	Essential Waitrose
	20535	Granny Smith Apple Slices	385g	Essential Waitrose
	20818	black pitted cherries in light syrup	425g	Essential Waitrose
	20913	Californian Pitted Prunes in Fruit Juice	290g	Essential Waitrose
	20914	Prunes in Syrup	220g	Essential Waitrose
	20915	Prunes in Light Syrup	420g	Essential Waitrose
	20916	Prunes in Apple Juice	410g	Essential Waitrose
	20917	Prunes in Apple Juice	215g	Essential Waitrose
	20929	Summer Fruits in Light Syrup	290g	Essential Waitrose
	20943	Rhubarb Chunks In Light Syrup	560g	Essential Waitrose

	28780	CANADIAN MAPLE SYRUP MEDIUM NUMBER 1	330g	
	60629	Canadian Maple Syrup No.2 Amber	330g	
	61889	133 Semolina	500g	
	72194	Waitrose Duchy Organic Maple Syrup No.1 330g	330g	Organic
	413308	Mini Meringue Shells	16s	
	467199	Meringue Nests	8s	
	644971	Grapefruit segments in light syrup	540g	Essential Waitrose
	690527	Pavlova Base	each	
	772728	fruity raspberry coulis	200g	Seriously
	795020	fruity mango & lime coulis	200g	Seriously

**CANNED FRUIT & DESSERTS****41 Products**

Category	Line	Product Name	Size	Sub-Brand
CANNED & PACKET SOUP	22843	Cup Soup tomato & basil	4x16.5g	LoveLife Calorie Controlled
	76972	essential minestrone soup in a cup with croutons and noodles	4x18g	Essential Waitrose
	383342	Chunky vegetable, three bean & buckwheat soup	400g	LOVE life
	396128	Chicken Consommé Soup	400g	
	408451	Chunky minestrone soup	400g	LOVE life
	425039	Lentil & smoked bacon soup	400g	
	491465	Chunky beef & vegetable soup	400g	LOVE life
	502898	Chunky chicken & vegetable soup	400g	LOVE life
	519275	Mixed Bean and Chorizo Soup	300g	LOVE life
	528775	Beef Consommé Soup	400g	
	595566	Chunky Tuscan bean soup	400g	LOVE life
	653016	Tomato and Basil Soup	400g	
	666562	Chunky tomato, bean & pork soup	400g	LOVE life
	728569	Ox Cheek and Vegetable Soup	300g	Waitrose Duchy Organic
	735526	Waitrose Moroccan Vegetable Soup	300g	LOVE life
	815835	Waitrose Split Pea & Ham Hock Soup	300g	LOVE life
	848008	Roasted Red Pepper Gazpacho Soup	300g	LOVE life
	874753	Chicken, Root Vegetable and Pearl Barley Soup	300g	LOVE life
	887067	Chicken Mulligatawny Soup	300g	Waitrose Duchy Organic

**CANNED & PACKET SOUP****19 Products**

Category	Line	Product Name	Size	Sub-Brand
COLD PIE AND QUICHE	13113	10 Cooked Cocktail Sausages	100g	Essential Waitrose
	52214	Succulent Melton Mowbray pork pie -small	135g	
	52215	6 Succulent Melton Mowbray pork pies	300g	
	52224	Succulent & peppery Melton Mowbray pork pie -medium	273g	
	52234	Succulent & peppery Melton Mowbray pork pie -large	440g	
	52430	12 picnic eggs	240g	Essential Waitrose

	73996	Rich & succulent Gala Pie	440g	From Waitrose
	90636	2 Scotch Eggs	246g	Essential Waitrose
	370414	8 Creamy Picnic Eggs	280g	Waitrose Summer
	460422	20 Mini Picnic Eggs	240g	Essential Waitrose
	507184	40 Cooked Cocktail Sausages	400g	Essential Waitrose
	514291	10 Bite size pork pie selection	210g	Waitrose Summer
	688897	4 mini pork pies	200g	Waitrose Summer
	706402	Melton Mowbray Pork Pie	790g	Waitrose Christmas
	714375	Game Pie	445g	Waitrose Christmas
	732887	4 mini pork and mustard pies	200g	Waitrose Summer
	732962	2 succulent Melton Mowbray pork pies	150g	
	746857	Succulent Cumberland Cocktail Sausages	312g	Waitrose Summer
	756995	Pork & Piccalilli Pie	280g	Heston From Waitrose
	774423	Cranberry Topped Pork Pie	440g	Waitrose Christmas
	790476	Cornish Pasty	175g	Essential Waitrose
	836048	Succulent Pork Cocktail Sausages	260g	
	844495	8 Creamy Picnic Eggs	200g	
	846220	Succulent Scotch Egg	140g	
	869110	4 mini pork and apple pies	200g	Waitrose Summer
<b>COLD PIE AND QUICHE</b>	<b>25</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
COOKED MEATS	3358	Diced pancetta	2x77g	Cooks' Ingredients
	6652	British Wiltshire cured honey roast ham	130g	
	6899	British wafer thin honey roast ham	2x90g	Essential Waitrose
	11491	Italian antipasto platter	120g	
	19692	British wafer thin honey roast ham	2x180g	Essential Waitrose
	25839	British Wiltshire cured breaded ham	130g	
	29367	British Wafer Thin Smoked Ham	2x180g	Essential Waitrose
	48025	British Ham	100g	Essential Waitrose
	48030	Corned beef	140g	Essential Waitrose
	48038	British Pastrami	80g	
	48045	British ox tongue	130g	
	48209	Prosciutto Crudo	80g	Waitrose Summer
	48376	Brunswick Ham	120g	
	48404	German Salami	150g	
	48477	German Extrawurst	100g	
	75149	Roast Turkey Breast	110g	Waitrose Duchy Organic
	81847	British honey roast ham	100g	Essential Waitrose
	93698	Sliced Pancetta	95g	Cooks' Ingredients
	98099	British wafer thin smoked ham	2x90g	Essential Waitrose
	99351	British Wiltshire Cured Oak Smoked Ham	130g	
	364558	Italian Antipasto Platter	250g	From Waitrose



	368453	British breaded ham	120g	Waitrose Summer
	375631	Smoked Ham Batons	2x90g	Cooks' Ingredients
	401045	Peppered Salami	140g	
	408646	Roast beef topside with mustard	70g	Waitrose Duchy Organic
	409360	British Wiltshire breaded ham	130g	
	417888	Porchetta	100g	
	422627	British Wiltshire cured orange, rosemary & honey roast ham	130g	
	426316	British roast beef topside	100g	
	436781	British wafer thin ham	120g	Waitrose Summer
	502226	British Wiltshire smoked ham	130g	
	525474	Parma Ham	83g	
	554460	4 Frankfurters	140g	Essential Waitrose
	556787	Cooking Chorizo	190g	Cooks' Ingredients
	561780	British Breaded Ham	100g	Essential Waitrose
	565648	Smoked German Brunswick Ham	140g	Waitrose Summer
	596005	British Breaded Ham	240g	
	603863	Paleta Iberica de Bellota	65g	From Waitrose
	611566	Milano Salami	90g	
	619394	Bake & Glaze Honey and Spice	1.2kg	Waitrose Christmas
	620681	Oak Smoked Ham	per kg	Waitrose Christmas
	628064	Mortadella	90g	
	635064	Prosciutto Crudo	80g	Essential Waitrose
	640621	Pulled ham hock	2x90g	Cooks' Ingredients
	657062	Chorizo de Navarra	120g	
	658566	Proscuitto Cotto	92g	
	678861	British wafer thin roast chicken	2x70g	Essential Waitrose
	685761	thickly cut British Wiltshire cured honey roast ham	130g	
	693636	British Wiltshire cured breaded ham	260g	
	701356	British salt beef	100g	
	708928	British Honey Roast Ham	120g	Waitrose Summer
	709490	thickly cut British Wiltshire cured oak smoked ham	130g	
	712405	Chestnut smoked ham with treacle and coffee	2kg	Heston From Waitrose
	717298	Salami	150g	Essential Waitrose
	722148	Wiltshire Ham Platter	270g	Waitrose Christmas
	728453	Roasted Ham with Scottish Heather Honey	90g	Waitrose Duchy Organic
	734328	Prosciutto di Parma	90g	From Waitrose
	734772	thickly cut British Wiltshire cured ham	130g	
	761195	British Finely Sliced Wiltshire Cured Honey Roast Ham	130g	
	777560	British Wiltshire cured ham	130g	
	788146	British Wiltshire cured honey roast ham	260g	
	792362	British wafer thin honey roast ham	120g	Waitrose Summer

	796450	Wafer thin Brunswick ham	125g	
	798809	Bresaola della Valtellina IGP	70g	
	807434	Chorizo Ring	240g	
	808466	British Roast Chicken Breast	130g	
	809158	Roast Turkey Breast	130g	
	814844	Italian antipasto Platter	210g	
	817328	British Honey Roast Ham	240g	
	823671	British roast beef	100g	
	823790	Italian Antipasto misto	90g	Waitrose Summer
	824757	British corned beef	120g	
	827054	Antipasto Misto	120g	
	828272	Napoli Salami	81g	
	831030	Roast Chicken	120g	
	836514	Pepperoni	100g	
	837532	Diced Smoked Pancetta	2x77g	Cooks' Ingredients
	838029	10 Frankfurters	350g	Essential Waitrose
	848718	German Sausage Selection	100g	
	858247	Cured pork loin	80g	
	858639	British Ham	120g	Waitrose Summer
	859983	(Christmas Spiced) Roasted Ham	1.1kg	Waitrose Christmas
	864546	British oak smoked ham	120g	Waitrose Summer
	870882	Wafer Thin British Roast Chicken	120g	
	879671	Jamon Ibérico de Bellota	65g	From Waitrose
	892254	British cooked bacon	55g	
	892777	British Winter Spiced Wiltshire Ham	130g	Waitrose Christmas

**COOKED MEATS**

87 Products

Category	Line	Product Name	Size	Sub-Brand
COOKED POULTRY	11274	British Cooked Chicken 2 Skinless Breasts	200g	
	16447	British Roast Chicken 2 Leg Quarters	330g	
	24064	British Roast Chicken Drumsticks	520g	
	25811	British Whole Roast Chicken	per kg	
	29888	British Roast Chicken Thighs	435g	
	39834	British Roast Chicken Hot & Spicy Wings	400g	
	52278	British Roast Chicken Sweet Chilli Mini Fillets	175g	
	76326	British Cooked Chicken Flamegrilled Pieces	130g	
	82573	British Free Range Whole Roast Chicken	per kg	
	87720	British Cooked Chicken Breast Slices	200g	
	533208	British Roast Chicken Sticky Chilli Wings	375g	
	535972	British Roast Chicken Peri Peri Wings	350g	
	541294	British Roast Chicken Sticky Maple Barbecue Wings	375g	
	547846	British Corn Fed Half Roast Chicken	per kg	
	552455	British Roast Chicken Sundried Tomato Mini Fillets	175g	

	594204	British Roast Chicken 2 Garlic & Lemon Breast Fillets	220g	
	658308	British Roast Chicken 4 Breast Fillets	per kg	
	769213	British Roast Chicken Sticky Maple Barbecue Drumsticks	625g	
	770913	British Roast Chicken Lemon & Herb Pieces	130g	
	792711	British Roast Chicken 2 Breast Fillets	per kg	
	801094	British Roast Chicken Malay Inspired Mini Fillets	175g	
	830157	British Roast Chicken Peri Peri Wings	400g	
	873531	British Roast Chicken Drumsticks	350g	Waitrose Summer
	875555	British Roast Chicken Sticky Maple Barbecue Wings	400g	
	887538	British Cooked Chicken Flamegrilled Pieces	200g	
	893454	British Roast Chicken Sticky Maple Barbecue Wings	350g	Waitrose Summer
<b>COOKED POULTRY</b>	<b>26</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
COOKS INGREDIENTS	5664	Sliced Jalapeno Peppers	220g	Cooks' Ingredients
	11134	A Handful Of Porcini Mushrooms	30g	Cooks' Ingredients
	18197	A DRIZZLE OF TRUFFLE FLAVOUR OLIVE OIL	250ml	Cooks' Ingredients
	21384	Baby Squid in Olive Oil	280g	
	21970	A Generous Helping of Sunkissed Tomatoes in Olive Oil	280g	Cooks' Ingredients
	22099	A Generous Helping Of Sundried Tomatoes	80g	Cooks' Ingredients
	24868	Grilled artichokes in olive oil	280g	Cooks' Ingredients
	27350	COOK'S INGREDIENTS - A Measure of Chicken Stock	500ml	Cooks' Ingredients
	27462	A Handful of Breadcrumbs	125g	Cooks' Ingredients
	36498	Easy On The Crushed Chilli	180g	Cooks' Ingredients
	39098	A Good Pinch of Wild Rosemary	25g	Cooks' Ingredients
	40749	A Good Pinch of Wild Thyme	25g	Cooks' Ingredients
	42195	Grilled Sun Dried Tomatoes in Olive Oil	280g	Cooks' Ingredients
	43510	A Bundle of Cinnamon Sticks	18g	Cooks' Ingredients
	48877	A Good Handful Of Garlic & Rosemary Crust	130g	Cooks' Ingredients
	49114	Cook's Ingredients - A Measure of Fish Stock	500ml	Cooks' Ingredients
	51266	A Handful Of Wild Mushrooms	30g	Cooks' Ingredients
	56260	A Pinch Of Anglesey Sea Salt	250g	
	57500	Cooks' Ingredients - A Measure of Vegetable Stock	500ml	Cooks' Ingredients
	63988	A Good Handful Of Lemon & Pepper Crust	130g	Cooks' Ingredients
	65151	A SCATTER OF TOASTED PINE NUTS	90g	Cooks' Ingredients
	68396	A Scatter Of Wild Bay Leaves	4g	
	68925	Cook's Ingredients-A Measure of Lamb Stock	500ml	Cooks' Ingredients
	69129	A Good Handful Of Chilli & Coriander Crust	130g	Cooks' Ingredients
	69398	Grilled Peppers in Olive Oil	280g	Cooks' Ingredients
	71549	Wayanad Black Peppercorns	80g	Cooks' Ingredients
	73028	Balsamic Vinegar of Modena Spry	250ml	Cooks' Ingredients

	77496	A Generous Helping of Puttanesca Mix Black Olives, Anchovies & Capers in Extra Virgin Olive Oil	180g	Cooks' Ingredients
	82295	Carnaroli Risotto Rice	500g	Cooks' Ingredients
	83697	Sun Dried Tomato Paste	180g	Cooks' Ingredients
	86897	A Good Pinch of Wild Oregano	20g	Cooks' Ingredients
	90598	Some Strands of Saffron	0.4g	Cooks' Ingredients
	90729	Olive Oil and Sea Salt Croutons	100g	Cooks' Ingredients
	91498	Easy On The Chopped Garlic	190g	Cooks' Ingredients
	98800	A spoonful of Salted Nonpareille Capers	100g	Cooks' Ingredients
	99299	Easy On The Chopped Ginger	180g	Cooks' Ingredients
	99599	Cook's Ingredients-A Measure of Beef Stock	500ml	Cooks' Ingredients
	99821	A spoonful of Nonpareille Capers in brine	142g	Cooks' Ingredients
	403159	WR CI Hot & Spice Rub	50g	Cooks' Ingredients
	414186	Piri Piri Rub	55g	Cooks' Ingredients
	439488	Porcini Mushroom Paste with Truffle Flavoured Oil	90g	Cooks' Ingredients
	441295	Black Sesame Seeds	50g	Cooks' Ingredients
	452373	WR CI Five Spice Blend	45g	Cooks' Ingredients
	477508	WR CI Tempura Batter	128g	Cooks' Ingredients
	481120	Rose Petals	8g	Cooks' Ingredients
	493268	Soffritto	200g	Cooks' Ingredients
	498210	A Generous Helping of Sunkissed Tomatoes in Olive Oil	530g	Cooks' Ingredients
	501065	Malay Penang Curry Kit	each	Cooks' Ingredients
	528552	Bonito Dashi	500g	Cooks' Ingredients
	532802	Waitrose signature spice Mulling mixture	25g	Cooks' Ingredients
	612379	WR CI Sumac	50g	Cooks' Ingredients
	613277	WR CI Argentinian Steak Rub	50g	Cooks' Ingredients
	615191	Panko Breadcrumbs	150g	Cooks' Homebaking
	644929	Tahini	300g	Cooks' Ingredients
	681310	A Spoonful of Nonpareille Capers in brine	240g	Cooks' Ingredients
	682477	Ras el Hanout	50g	Cooks' Ingredients
	695728	Cajun Rub	40g	Cooks' Ingredients
	704611	Cascabel Chillies	25g	Cooks' Ingredients
	733851	Whole Chipotle Chillies	55g	Cooks' Ingredients
	751278	Waitrose signature spice	40g	Cooks' Ingredients
	762374	A Measure of Soffritto Passata with Sauteed Onion, Carrot and Celery	690g	Cooks' Ingredients
	769600	Beef Demi-glace	200g	Cooks' Ingredients
	791769	Tagine Stew Base	350g	Cooks' Ingredients
	799214	Coq au Vin Paste	180g	Cooks' Ingredients
	806322	WR CI Pink Peppercorns	26g	Cooks' Ingredients
	815105	Tagine Meal Kit	24g	Cooks' Ingredients
	821669	Mexican Style Pibil Taco Paste	185g	Cooks' Ingredients
	842128	Pomegranate Molasses	210g	Cooks' Ingredients

	845629	Yakisoba kit	each	Cooks' Ingredients
	846345	Tikka Masala Curry Kit	each	Cooks' Ingredients
	851549	WR CI Zaatar	45g	Cooks' Ingredients
	867509	Rendang Meal Kit	15g	Cooks' Ingredients
	876133	Habanero Chillies	20g	Cooks' Ingredients
	876687	Crispy Fried Onions	100g	Cooks' Ingredients
	878116	WR CI Smoked Paprika	55g	Cooks' Ingredients
	889310	WR CI Katsu Kit	each	Cooks' Ingredients
	891904	Chilli Stacker	68g	Cooks' Ingredients
	896502	Paella Paste	175g	Cooks' Ingredients
	897700	Ancho Chillies	30g	Cooks' Ingredients
<b>COOKS INGREDIENTS</b>	<b>79</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
DINNER TONIGHT	409158	Ess salad onions bunch	10x1each	Essential Waitrose
	413076	Popped garden peas	12x90g	
	494183	BB Steak Stir Fry	4x250g	Essential Waitrose
	568481	Dinner Tonight Prawn & Vegetable Noodle Stir Fry with Plum & Hoisin Sauce	each	
	671004	Prepared tenderstem & butternut selection	6x200g	
	721091	Dinner Tonight Black-Bean Beef & Mushroom Stir-fry with Rice	each	
	736731	Dinner Tonight Venison Sausages in Red Wine Sauce with Mixed Veg	each	
	796116	Dinner tonight chilli linguine with meatballs & sugar snap peas	each	
	834431	Trimmed sugar snap peas	12x100g	
<b>DINNER TONIGHT</b>	<b>9</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
DRESSED SALADS	24492	Fruity couscous	235g	
	25649	Mixed bean salad	250g	
	54505	Coleslaw	300g	Essential Waitrose
	72502	Adzuki and edamame bean salad	200g	
	75932	Coleslaw	500g	Essential Waitrose
	83752	Vegetable couscous	200g	
	411690	Flavourful 3 Grain, Fennel & Apple	200g	
	429630	Wheatberry & bean salad	220g	
	495300	Coronation Slaw	300g	
	519878	Rainbow rice salad	180g	
	535372	Fruity couscous	410g	
	554418	Carrot, Beetroot & Butternut	120g	
	603422	beetroot salad	250g	Essential Waitrose
	607168	Vegetable couscous	350g	
	713174	Pickled Vegetable & Seaweed Noodle Salad	135g	
	715229	Slaw with Chipotle Chilli Dressing	160g	
	796751	Nutty Rice Salad	195g	

	816708	Summer vegetables	165g	
	823397	Fruity Coleslaw	270g	
	827408	Wild Rice Salad	220g	
	853319	Oriental Black Quinoa Salad	180g	
	877247	Asian Nutty Slaw	125g	
	877881	Roasted cauliflower & lentil	190g	
	890138	beetroot salad	400g	Essential Waitrose
<b>DRESSED SALADS</b>	<b>24</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
FOOD TO GO (AMBIENT)	417645	Decorated Santa Biscuit	56g	Good to Go
	421181	Nut Medley	50g	LOVE life
	429726	Nuts, Fruit & Seeds	50g	LOVE life
	438895	Parsnip Crisps with Honey and Black Pepper seasoning 27g	27g	Good to Go
	515952	BBQ Flavoured Soya & Potato Snacks Good To Go	22g	Good to Go
	524461	Raspberry & Coconut Cake	70g	Good to Go
	526067	Sea Salt and Cracked Black Pepper Lentil Tubes	20g	Good to Go
	526322	Sea Salted Popcorn	18g	Good to Go
	651583	Sweet & Salty Popcorn	25g	
	676677	Peanut Crackers	40g	Good to Go
	704703	Roasted Cashews	50g	LOVE life
	745387	Sweet Potato Crisps with chilli & lime	27g	Good to Go
	884680	Cherry & Chocolate	50g	Good to Go
	888815	Dried Mango	40g	LOVE life
<b>FOOD TO GO (AMBIENT)</b>	<b>14</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
FOOD TO GO (CHILLED)	6701	Roast Chicken & Bacon	each	Good to Go
	44021	Roast Chicken & Stuffing	each	Good to Go
	52501	Egg & Cress	each	Good to Go
	52505	Prawn Mayo	each	Good to Go
	52509	BLT	each	Good to Go
	52510	Egg Mayo & Bacon	each	Good to Go
	64476	Hoisin Duck	each	Good to Go
	65191	Roast Chicken & Sweetcorn	each	Good to Go
	69943	Egg Mayo Salad	each	LoveLife Calorie Controlled
	77613	Seafood Cocktail	each	Good to Go
	80319	Salmon & Cucumber	each	Good to Go
	90204	Tuna Mayo & Sweetcorn	each	Good to Go
	94292	Turkey, Stuffing & Bacon	each	Waitrose Christmas
	371142	Sweet chilli chicken	each	Good to Go
	379919	Chicken Satay with Peanut Dip	90g	Good to Go
	384567	Pineapple Fingers	160g	Good to Go

	385123	Roast Chicken & Mayo	each	Essential Waitrose
	399464	Grapes	130g	Good to Go
	413499	Sweet Chilli Chicken and Sticky Rice Salad	240g	LoveLife Calorie Controlled
	428321	Harissa Chicken, Chick Pea & Lentil Salad	250g	LoveLife
	437370	Good To Go Pork Cocktail Sauages	117g	Good to Go
	439619	Ham Hock & Chilli-Lilli	each	Waitrose Christmas
	446596	Pulled Smoked Chicken	each	Good to Go
	451237	Coronation Chicken	each	Good to Go
	465794	Tuna & Sweetcorn	each	Welcome Break Only
	467658	Paprika chicken & roasted vegetable rice salad	240g	LoveLife Calorie Controlled
	478155	Hot Smoked Salmon & Quinoa	230g	Good to Go
	493274	Cauliflower Couscous and Herby Chicken Salad	210g	LoveLife Calorie Controlled
	505833	All day breakfast	each	Good to Go
	515039	Tropical Medley	160g	Good to Go
	553758	Ham & Tomato	each	Essential Waitrose
	572670	Mango Fingers	160g	Good to Go
	573487	Coconut chunks	90g	Good to Go
	579700	Chicken & Mediterranean Beans	270g	Good to Go
	606901	Crayfish, prawn & rocket	each	Good to Go
	610218	Pomegranate Arils	110g	Good to Go
	629187	King Prawns with Cocktail Sauce	90g	Good to Go
	629363	Spanish Snacking Chorizo	60g	Good to Go
	644633	Egg, Ham and Mustard	each	Good to Go
	655214	Mexican spiced chicken	each	Good to Go
	655598	Tuna Mayo	each	Essential Waitrose
	656344	Egg & Smoked Salmon	each	Good to Go
	659626	Buckwheat Noodle and Tenderstem® Broccoli Salad	210g	LoveLife Calorie Controlled
	662257	Egg Mayo	each	Essential Waitrose
	664193	Roasted Vegetable & Couscous Salad	280g	LoveLife Calorie Controlled
	665861	Ham hock & pea purée	each	Good to Go
	689938	Carrot & reduced fat houmous	125g	LoveLife
	690128	Large vegetable samosa	110g	Good to Go
	698230	Smoked Ham & Piccalilli	each	LoveLife Calorie Controlled
	699106	Apple & Pear	80g	Good to Go
	702208	Elderflower Jelly with fresh Berries	180g	Good to Go
	709071	Pineapple, Kiwi, Mango and Strawberry	175g	Good to Go
	716478	Tuna Niçoise Salad	280g	Good to Go
	722502	BLT, Prawn Mayo, Egg & Cress	each	Good to Go
	729304	Prawn mayo	each	Welcome Break Only
	759749	Southern Fried Chicken	each	Good to Go

	762485	Melon fingers	160g	Good to Go
	766313	Apple & Grape	130g	Good to Go
	769338	Smoked Ham & Mustard Mayo	each	Good to Go
	792656	Chicken Salad, Chicken & Stuffing, Chicken & Bacon	each	Good to Go
	800805	Tuna Nicoise	each	Good to Go
	809048	Sweet chilli chicken skewers	60g	Good to Go
	811229	Salmon & Cucumber	each	Welcome Break Only
	822597	Melton Mowbray pork pie	75g	Good to Go
	822956	Pink Lady Apple Slices	80g	Good to Go
	828503	Berry Medley	130g	Good to Go
	835010	Chicken Shami Kebabs	80g	Good to Go
	840247	Roast Chicken Salad	each	Good to Go
	853616	King prawn, mango and coconut	each	Good to Go

**FOOD TO GO (CHILLED)****69 Products**

Category	Line	Product Name	Size	Sub-Brand
FOOD TO GO (CHILLED DRINKS)	17216	Pressed apple juice	250ml	Good to Go
	21314	Still lemonade	250ml	Good to Go
	21403	FRESHLY SQUEEZED ORANGE JUICE	250ml	Good to Go
	58983	Still Natural Mineral Water	500ml	Essential Waitrose
	58984	Sparkling Natural Mineral Water	500ml	Essential Waitrose
	72903	Still Natural Mineral Water	500ml	Essential Waitrose
	416796	Apple, Apricot & Nectarine Juice	250ml	Good to Go
	449120	Strawberry and banana smoothie	250ml	LOVE life
	455928	Health & Vitality	250ml	LOVE life
	459997	Immune Support	250ml	LOVE life
	530075	Clementine Juice	250ml	Waitrose Christmas
	537700	Mango and orange smoothie	250ml	LOVE life
	762376	Health and Radiance Smoothie	250ml	LOVE life
	818526	Energy Release	250ml	LOVE life

**FOOD TO GO (CHILLED DRINKS)****14 Products**

Category	Line	Product Name	Size	Sub-Brand
FREE FROM	383118	4 Fruit Scones	4s	LOVE free from
	404071	Stelline	500g	LOVE free from
	409582	2 Brown Ciabattas	2s	LOVE free from
	411691	Fruit, Nut & Seed Muesli	500g	LOVE free from
	433078	Sliced Seeded Loaf	400g	LOVE free from
	444291	4 Coffee & Walnut Slices	140g	LOVE free from
	449688	Quick Cook Corn Bulgur and Red Quinoa	250g	LOVE life
	457395	Granola with almonds and sultanas	500g	LOVE free from
	480389	9 christmas cake bites	210g	LOVE free from
	505479	4 Chocolate Brownies	150g	LOVE free from
	529598	4 Soft White Rolls	4s	LOVE free from



	530493	Vanilla Sponge Mix	400g	LOVE life
	552665	4 Flapjack	148g	LOVE free from
	557270	Porridge Oats	400g	LOVE free from
	584885	4 iced rich fruit cake slices	240g	LOVE free from
	595895	Whole Grains and Seeds Bread mix	410g	LOVE life
	602978	Corn Couscous	250g	LOVE life
	605650	Spaghetti	500g	LOVE free from
	662975	2 Seeded Petits Pains	2s	LOVE free from
	676940	2 White Ciabattas	2s	LOVE free from
	680423	2 White petits pains	2s	LOVE free from
	692662	4 Cherry Bakewell Tarts	180g	LOVE free from
	712545	Lasagne sheets	250g	LOVE free from
	730672	Gluten Free Christmas Pudding	454g	
	734930	4 Hot Cross Buns	4s	LOVE free from
	782356	Sliced White Loaf	400g	LOVE free from
	787045	Yorkshire pudding & pancake mix	130g	LOVE life
	806007	4 Ginger Cake Slices	140g	LOVE free from
	815704	Brown rice penne	500g	LOVE free from
	818882	4 Deep Filled Mince Pies	220g	LOVE free from
	819399	4 White Pittas	4s	LOVE free from
	819867	Gluten Free Christmas Pudding	100g	
	826928	4 Lemon Cake Slices	140g	LOVE free from
	838313	4 Rocky Roads	120g	LOVE free from
	838709	Penne	500g	LOVE free from
	844058	6 Scotch pancakes	6s	LOVE free from
	866219	free from christmas cake	330g	LOVE free from
	868753	4 Almond Tarts	4s	LOVE free from
	878005	Fine Rice breadcrumbs	250g	LOVE life
	884956	4 Seeded Rolls	4s	LOVE free from
	897543	Fusilli	500g	LOVE free from
<b>FREE FROM</b>	<b>41</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
FRESH DESSERTS	26495	2 syrup sponge puddings	210g	From Waitrose
	56580	2 Summer Puddings	2x150g	From Waitrose
	72183	Summer Pudding	450g	From Waitrose
	420066	2 spotted dick puddings	200g	From Waitrose
	437682	2 Eve's puddings	220g	From Waitrose
	444356	Raspberry Jelly Terrine	600g	
	467362	Cherry Jelly	175g	
	474621	Raspberry Jelly	175g	
	534969	Elderflower Jelly	175g	
	598305	Fruity Raspberry and Elderflower Jelly	625g	Seriously
<b>FRESH DESSERTS</b>	<b>10</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
FRESH FRUIT JUICES	6597	Smooth orange juice	1.75litre	
	12901	Orange Juice Smooth From Concentrate	1litre	Essential Waitrose
	21303	Pineapple Juice from Concentrate	1litre	Essential Waitrose
	21307	Orange Juice with bits from concentrate	1litre	Essential Waitrose
	21315	Still Lemonade	1litre	
	21332	Tropical Juice Drink	1litre	Essential Waitrose
	21354	Tomato Juice	1litre	
	21355	Pressed Apple & Mango Juice	1litre	LOVE life
	21404	FRESHLY SQUEEZED ORANGE JUICE	500ml	LOVE life
	21405	Freshly squeezed orange juice with bits	1litre	LOVE life
	21417	Pressed Apple Juice	1litre	LOVE life
	21419	Apple Juice from Concentrate	1litre	Essential Waitrose
	21910	Pink Grapefruit Juice	1litre	LOVE life
	33981	Freshly squeezed smooth style orange juice	1litre	LOVE life
	61497	Apple & Raspberry Juice Drink	1litre	Essential Waitrose
	69460	Pineapple Juice	1litre	LOVE life
	69959	Orange Juice with bits	1.75litre	
	80735	Orange Juice with bits	1litre	LOVE life
	81995	Smooth orange juice	1litre	LOVE life
	89471	Cranberry Juice Drink	1litre	
	390923	Apple & Blackcurrant Juice Drink	1litre	Essential Waitrose
	390949	Tropical Juice	1litre	
	429668	Merlot grape juice	1litre	
	451156	Berry red smoothie	750ml	
	465246	Apple, Peach & Pear juice	1litre	
	481587	Apple and Guava Juice	750ml	LOVE life
	504050	White Grape & Peach Juice Drink	1litre	Essential Waitrose
	504416	Pasteurised Coconut Water with Stevia extract	1litre	
	561906	Clementine Juice	1litre	
	570033	Radiant Red	750ml	
	572414	Pressed apple juice with elderflower	1litre	
	583706	Goodness gracious greens	6x6L	
	613421	Signature Spice, Mulled Juice	750ml	
	628514	Freshly squeezed orange juice with mango	1litre	LOVE life
	674399	Black Forest Smoothie	750g	Heston From Waitrose
	684352	Mellow Yellow	750ml	
	687684	Pomegranate & Blueberry Juice Drink	1litre	LOVE life
	697647	English Cox Apple Juice	1litre	LOVE life
	716526	Orange, mango & passion fruit juice	1litre	
	717473	Keen greens	750ml	
	806113	Apple, Raspberry & Rhubarb Juice	1litre	
	810359	100% squeezed Spanish blood orange juice	1litre	Waitrose 1

	817127	Pressed Apple Juice	1.75 litre	
	829117	Apple Juice with Ginger	1litre	
	830484	Apple Kale & Lime juice	750ml	
	857714	Pressed Apple & Mango Juice	1.75 litre	
	892036	Pink Lady® Apple juice	750ml	LOVE life
<b>FRESH FRUIT JUICES</b>	<b>47</b>	<b>Products</b>		
<b>Category</b>	<b>Line</b>	<b>Product Name</b>	<b>Size</b>	<b>Sub-Brand</b>
FRESH MEAT - B.B.Q	8772	4 Lamb & green pepper kofta kebabs	368g	
	19171	Hot and spicy chicken wings	700g	
	24796	4 Minted lamb shish kebabs	280g	
	32841	4 green Thai chicken breast kebabs	250g	
	370401	Garlic, lemon and herb chicken thighs	650g	
	447969	Szechuan BBQ pork rib rack	475g	
	459960	4 Pork & chorizo burgers	454g	
	462675	Slow cooked pork shoulder riblets with Chinese spiced rub and drizzle	455g	
	472317	Smoky barbecue chicken drumsticks	740g	
	479402	4 Persian spiced chicken burgers	454g	
	491538	4 caramelised onion and shallot Hereford beef burgers	454g	
	495457	Slow Cooked Tennessee Whiskey Pork Shoulder	450g	
	497664	Slow Cooked Pork Belly	430g	
	501226	Slow Cooked Lamb Shanks	per kg	
	523681	Chorizo sausage whorls	400g	
	528378	4 Honey and mustard pork kebabs	483g	
	534401	Slow cooked beef shank with onion and horseradish	1kg	
	546489	Hickory BBQ mini pork ribs	500g	
	553819	Creole spiced sirloin steak	185g	
	581902	Thick cut hot & smoky pork chop	372g	Heston From Waitrose
	586339	Slow cooked pork loin rack of ribs with red eye BBQ rub and drizzle	615g	
	590099	Hot Korean spiced chicken wings	583g	
	596310	Slow Cooked South Carolina Pork Belly	450g	
	604225	4 Chicken and chorizo kebabs	314g	
	609161	4 Sweet chilli & jalapeno beef shish kebabs	280g	
	634390	Thick cut, bone-in pork steak with hickory & honey BBQ sauce	400g	
	643811	4 Peppered Steak Burgers	454g	
	658013	Slow cooked rolled beef brisket	750g	
	672649	Slow cooked hickory smoked Texas beef brisket	per kg	
	702260	4 Applewood BBQ steak burgers	454g	
	735052	Spruce-smoked pork shoulder with mesquite rub	450g	Heston From Waitrose
	740432	4 Pork shoulder steaks with coffee BBQ marinade	500g	

	754168	Slow cooked ham hock on the bone	972g	
	769283	2 lemon, apricot & Ras el Hanout chicken breasts	312g	
	774729	Slow Cooked Salt Beef	per kg	
	776112	Slow cooked prime duck wings with an aromatic hoisin glaze	540g	
	805844	Flash fry short rib slices with Korean marinade	300g	
	810289	4 Smoky BBQ pulled pork shoulder burgers	454g	
	842852	2 orange and chilli chicken breasts	296g	
	848533	Ginger, lime and coriander chicken mini fillet kebabs	250g	
	860809	4 Salmon grills	360g	
	862993	4 Moroccan spiced lamb burgers	454g	
	864498	Slow Cooked North West Carolina Pork Shoulder	450g	
	870264	6 Subtly smoky dogs	600g	
	871796	2 roasted red pepper shawarma chicken breasts	288g	
	884504	Slow Cooked Duck Leg Confit	500g	
	885653	4 Mini Beef Burgers with a pulled pork topping	295g	
	893759	6 Chilli & American mustard dogs	600g	
	898449	Slow Cooked Lamb Kleftico	per kg	

## FRESH MEAT - B.B.Q

49 Products

Category	Line	Product Name	Size	Sub-Brand
FRESH MEAT - BEEF	1841	4 British Beef Burgers	0.34kg	Waitrose Duchy Organic
	4242	British Beef Roasting Joint	per kg	Waitrose Duchy Organic
	7045	Scottish beef sliced braising steak	per kg	Essential Waitrose
	15596	British Beef Ribeye Steak	per kg	Waitrose Duchy Organic
	15790	British Beef Topside (small)	per kg	Essential Waitrose
	15925	British Beef Toprump (with basting fat)	per kg	Essential Waitrose
	16491	British Beef Sirloin Steak	per kg	Waitrose Duchy Organic
	33516	British Beef Meatballs	0.30kg	Waitrose Duchy Organic
	36273	Pot roast Hereford beef rolled brisket	per kg	
	43617	British Beef Topside (medium)	per kg	Essential Waitrose
	44556	British Beef Fillet Steak	per kg	Waitrose Duchy Organic
	64563	British Beef thin cut feather steak	350g	Essential Waitrose
	66141	British Beef Rump Steak	per kg	Waitrose Duchy Organic
	70816	British Beef Topside	per kg	Duchy Originals from Waitrose, Organic
	73666	British Beef Topside (Large)	per kg	Essential Waitrose
	80862	Lean Hereford beef top rump roast	per kg	
	81021	Succulent Hereford beef sirloin steak	per kg	
	81956	Dry aged British native breed beef rump joint	per kg	

	82689	British minced beef (% of fat content under 10%)	650g	Essential Waitrose
	82972	Classic Hereford beef topside roast	per kg	
	84163	Hereford Beef Mince (typically 10% fat)	400g	
	84225	Flavoursome Hereford beef rump steak	per kg	
	84688	12 lightly seasoned Aberdeen Angus beef meatballs	320g	
	91325	British beef sliced braising steak	per kg	Essential Waitrose
	91331	British Beef Sirloin Steak	per kg	Essential Waitrose
	91334	British Beef Rump Steak	per kg	Essential Waitrose
	91340	British Beef Boneless forerib	per kg	Essential Waitrose
	91349	Hand cut, extra trimmed British beef fillet steak	per kg	
	94374	British Beef Toprump	per kg	Duchy Originals from Waitrose, Organic
	95414	British Beef Diced Stewing Steak	450g	Essential Waitrose
	95701	British beef mince (typically 10% fat)	454g	Waitrose Duchy Organic
	96771	4 succulent Aberdeen Angus beef quarterpounders	454g	
	97545	British beef ribeye steak	per kg	Essential Waitrose
	98636	2 juicy Hereford beef halfpounders	454g	
	406486	8 lightly seasoned Aberdeen Angus mini beef burgers	454g	
	413665	6 thin cut Aberdeen Angus beef sirloin steaks	660g	
	420038	Hand cut British beef sirloin steak medallions	per kg	
	430885	Juicy British beef short ribs with a Kansas marinade	per kg	
	437350	British beef mince (typically 10% fat)	454g	Essential Waitrose
	437945	Highland beef toprump joint	per kg	
	445805	British Beef Rump Steak	230g	Essential Waitrose
	457335	Three chilli Aberdeen Angus beef meatballs	300g	
	464263	6 succulent Aberdeen Angus beef rump steaks	800g	
	473016	British Beef Sliced Shin	375g	Essential Waitrose
	489069	British Beef Mince (typically 10% fat)	1kg	Essential Waitrose
	493922	Flavoursome Aberdeen Angus beef rump steak	200g	
	515601	Black bean & chilli marinated stir fry beef strips	350g	
	518191	Heston Ultimate Burgers	250g	Heston From Waitrose
	543182	Tender Hereford beef flat iron steaks	per kg	
	546549	2 hand-pressed Aberdeen Angus steak burgers	270g	
	548447	Sliced leg	per kg	
	558357	Soy & ginger marinated stir fry beef strips	350g	
	559354	2 Hand pressed Highland beef burgers	340g	
	562623	British Beef Ranch Steak	280g	Essential Waitrose
	569718	Diced Aberdeen Angus beef braising steak	per kg	
	572432	Tender Aberdeen Angus beef flat iron steak	per kg	
	577832	Extra trimmed, lean British beef roasting joint	per kg	

	581076	British Toprump infused with wholegrain & Dijon mustard	per kg	
	585733	Flavoursome Aberdeen Angus beef rump steak	per kg	
	597867	British Beef Steak and Kidney	400g	Essential Waitrose
	600735	Aberdeen Angus beef mince (Typically 10% Fat)	400g	
	601062	2 Aberdeen Angus beef burgers with red wine and herbs	270g	
	601914	British Beef Mince (typically 15% fat)	500g	Essential Waitrose
	614631	2 roasted chilli Aberdeen Angus beef burgers	270g	
	623929	Aberdeen Angus 12 Meatballs	320g	
	625429	Sirloin steak	per kg	
	635077	British Beef shank joint	per kg	Essential Waitrose
	643336	2 British beef quarterpounders		Duchy Originals from Waitrose, Organic
	646974	Highland beef topside joint	per kg	
	652275	Slow cook British beef shin & bone marrow	450g	
	656189	British Beef Ranch Steak	370g	Essential Waitrose
	662140	Aberdeen Angus beef mince (typically 10% fat)	370g	
	675907	Aberdeen Angus Lean Beef Mince (typically 5% fat)	400g	
	681458	4 Hereford Caramelised Red Onion Burgers	454g	
	691598	8 lightly seasoned Aberdeen Angus mini beef burgers	454g	
	691896	British beef lean mince (typically 5% fat)	400g	Essential Waitrose
	693234	Rump Steak	per kg	
	697224	Succulent Aberdeen Angus beef sirloin steak	per kg	
	713436	Diced beef	per kg	
	722761	2 lamb burgers with chilli	270g	
	724777	Handcut British Beef Feather Blade	per kg	
	727820	Aberdeen Angus Beef Mince (typically 15% fat)	454g	
	737519	Aberdeen Angus 4 Quarterpounder Beefburgers	454g	
	746134	Aberdeen Angus beef mince (Typically 10% Fat)	400g	
	750107	2 lamb and cucumber burgers	250g	Heston From Waitrose
	767502	British Beef Frying Steak	340g	Essential Waitrose
	772923	British beef mince (typically 10% fat)	454g	Essential Waitrose
	775296	British beef mince (typically 10% fat).	454g	Essential Waitrose
	776295	Bone in Aberdeen Angus beef porterhouse steak with garlic & herb crust	per kg	
	776345	British Beef Rump Steak	per kg	Essential Waitrose
	778057	British beef steak stir fry	250g	Essential Waitrose
	788245	Sweet chilli & lime marinated stir fry beef strips	350g	
	806809	Hereford Beef Mince (typically 15% fat)	454g	
	810303	30 Day Dry Aged Hereford Beef Roasting Joint	per kg	
	820274	Hand Pressed Beef Burgers	340g	
	825194	WR Aberdeen Angus Sandwich steak	600g	

	825399	WR British Beef Diced Braising Steak	400g	Essential Waitrose
	828365	24 lightly seasoned Hereford beef meatballs	400g	
	839842	Hand-cut British beef flat iron steak	per kg	
	842892	2 hand cut British beef bavette steaks	per kg	
	851343	Red Thai marinated stir fry beef strips	350g	
	852154	Rich & buttery British Bone marrow	170g	
	854372	Aberdeen Angus Lean Beef Mince (typically 5% fat)	400g	
	854509	Bone in rib-eye (Cote de Boeuf)	per kg	
	855570	2 Caramelised Onion & Shallot Hereford Beef Burgers	270g	
	857257	Thin cut British beef steaks with cayenne & serrano chilli rub	275g	
	859587	Full flavoured, hand cut British beef short ribs	per kg	
	860346	Ess British beef Ribeye steak	200g	Essential Waitrose
	866089	Boneless British beef riblets in an Arizona marinade	390g	
	869420	British beef mince (typically 10% fat)	250g	Essential Waitrose
	870631	Tender British beef rump steak 'Picanha' with salt & pepper rub	per kg	
	878941	Aberdeen Angus Frying Steak	300g	***Select the sub brand here***
	879595	Slow cook Hereford beef flat brisket	per kg	
	885615	British Beef Topside (medium)	per kg	Essential Waitrose
	885890	Minute Steak	per kg	
	886378	British Beef lean diced braising steak	400g	Essential Waitrose
	891354	24 Lightly seasoned Aberdeen Angus Meatballs	12x0.4KG	
	895932	Aberdeen Angus Beef Mince (typically 15% fat)	454g	
	896198	British beef mince (typically 10% fat)	454g	Waitrose Duchy Organic
	897253	British Beef Bone in Sirloin Steak	227g	Essential Waitrose
	899303	British Beef lean diced braising steak	400g	Essential Waitrose

**FRESH MEAT - BEEF**                      **121 Products**

Category	Line	Product Name	Size	Sub-Brand
FRESH MEAT - LAMB	1932	Welsh / West Country lamb hand cut cutlets	per kg	Waitrose Duchy Organic
	3664	Boneless, extra trimmed Welsh leg of lamb	per kg	
	4801	8 hand cut Welsh lamb rack cutlets	per kg	
	12674	british lamb mince (typically 10% fat)	200g	Essential Waitrose
	13981	Organic - 4 hand cut New Zealand lamb rack cutlets	per kg	Organic
	18427	Welsh / West Country lamb half leg	per kg	Waitrose Duchy Organic
	19782	Welsh / West Country lamb mince (typically 20% Fat)	400g	Waitrose Duchy Organic
	23504	Welsh / West Country lamb leg steaks	per kg	Waitrose Duchy Organic
	26520	Welsh / West Country lamb loin chops	per kg	Waitrose Duchy Organic
	29990	British lamb half shoulder for slow roasting	per kg	Essential Waitrose
	31669	New Zealand Lamb Half shoulder	per kg	Essential Waitrose

	33739	Organic - Flavoursome New Zealand half leg of lamb	per kg	Organic
	43559	4 succulent hand cut Welsh lamb loin chops	per kg	
	44375	4 extra trimmed Welsh lamb leg steaks	per kg	
	51312	Extra trimmed Welsh rack of lamb	per kg	
	53928	Prime and tender Welsh lamb loin fillets with rosemary	per kg	
	63815	6 succulent hand cut Welsh lamb loin chops	per kg	
	64049	Prime and tender New Zealand lamb extra trimmed loin fillets with rosemary	per kg	
	68719	2 hand cut New Zealand lamb rack cutlets	per kg	
	75752	2 hand cut Welsh lamb rack cutlets	per kg	
	78725	2 succulent hand cut New Zealand lamb loin chops	per kg	
	78973	4 hand cut Welsh lamb rack cutlets	per kg	
	81783	Boneless, extra trimmed New Zealand leg of lamb	per kg	
	83043	4 hand cut New Zealand lamb rack cutlets	per kg	
	88583	2 succulent hand cut Welsh lamb loin chops	per kg	
	89057	New Zealand lamb mince (typically 10% fat)	200g	Essential Waitrose
	89734	Succulent ground New Zealand lamb (typically 20% fat)	400g	Organic
	92701	Succulent whole New Zealand leg of lamb	per kg	
	92707	New Zealand Lamb Whole Shoulder	per kg	Essential Waitrose
	92724	8 hand cut New Zealand lamb rack cutlets	per kg	
	92725	2 succulent New Zealand lamb leg shanks	per kg	
	92729	4 extra trimmed New Zealand lamb leg steaks	per kg	
	92732	Diced New Zealand lamb leg steak	250g	
	92742	New Zealand Lamb Neck fillet	per kg	Essential Waitrose
	92743	Extra trimmed New Zealand rack of lamb	per kg	
	92753	Flavoursome New Zealand half leg of lamb	per kg	
	92754	6 succulent hand cut New Zealand lamb loin chops	per kg	
	92756	Boneless, extra trimmed New Zealand half leg of lamb	per kg	
	94201	british lamb mince (typically 20% fat)	500g	Essential Waitrose
	94571	Diced Welsh lamb leg steak	250g	
	94702	British Lamb Whole Shoulder for slow roasting	per kg	Essential Waitrose
	94724	British lamb neck fillet	per kg	Essential Waitrose
	94750	Succulent whole Welsh leg of lamb	per kg	
	94778	Boneless, extra trimmed Welsh half leg of lamb	per kg	
	94782	Flavoursome Welsh half leg of lamb	per kg	
	97484	2 succulent Welsh lamb leg shanks	per kg	
	97787	Organic - 4 succulent hand cut New Zealand lamb loin chops	per kg	Organic
	98824	4 succulent hand cut New Zealand lamb loin chops	per kg	
	413923	British lamb diced shoulder	330g	Essential Waitrose
	432076	Lamb koftas with fragrant ginger, red chilli, coriander & cumin ((NZ))	360g	



	433970	4 extra trimmed New Zealand lamb leg steaks CONV STORES	per kg	
	448211	Rack of Welsh lamb with a redcurrant and spiced orange crust	per kg	Waitrose Christmas
	453045	4 New Zealand lamb quarter pounders	454g	Essential Waitrose
	453270	4 succulent hand cut New Zealand lamb loin chops CONV STORES	per kg	
	461608	Part boned leg of Welsh lamb with an aromatic garlic & herb stuffing	per kg	
	486568	New Zealand lamb diced shoulder	330g	Essential Waitrose
	487972	New Zealand lamb 2 barnsley loin chops (CV)	236g	Essential Waitrose
	489271	Part boned leg of New Zealand lamb with an aromatic garlic & herb stuffing	per kg	
	499775	Welsh lamb leg garlic & mint kebabs	330g	
	525291	Seasoned lamb meatballs made with Welsh lamb and basil	300g	
	541441	New Zealand lamb leg, flash fry steaks with mint & balsamic	300g	
	544599	2 extra trimmed Welsh lamb topside leg steaks	per kg	
	545279	New Zealand lamb 2 barnsley loin chops	236g	Essential Waitrose
	545629	Abervale extra trimmed rack of lamb	per kg	
	561669	New Zealand 2 lamb burgers	227g	Essential Waitrose
	573353	Part boned leg of Welsh lamb with a festive apricot and cranberry stuffing	per kg	Waitrose Christmas
	578384	British lamb sliced shank osso buco	500g	Essential Waitrose
	579090	Organic - 2 extra trimmed New Zealand lamb leg steaks	per kg	Organic
	599326	2 succulent hand cut Welsh lamb loin chops (skin pack)	per kg	
	601909	Tender, extra trimmed Welsh lamb fillet strips	225g	
	604340	Butterflied Welsh leg of lamb with orange, mint and spices	per kg	
	606532	New Zealand lamb mince (typically 20% fat)	250g	Essential Waitrose
	615747	Welsh lamb bone-in shoulder steaks with warming baharat spices	400g	
	626347	British lamb chops	450g	Essential Waitrose
	638605	Slow roast, part boned shoulder of Welsh lamb	per kg	
	649076	Bone in New Zealand lamb leg steak	230g	
	653289	british lamb 2 barnsley loin chops 'MEAL DEAL'	344g	Essential Waitrose
	653535	Welsh / West Country lamb shanks	per kg	Waitrose Duchy Organic
	667616	british lamb mince (typically 20% fat)	250g	Essential Waitrose
	680416	New Zealand lamb loin medallions with black pepper & rosemary	320g	
	682619	Welsh lamb leg, flash fry steaks with mint & balsamic	300g	
	682732	British stewing lamb	500g	Essential Waitrose
	706539	British lamb 2 burgers	227g	Essential Waitrose
	707210	British lamb 6 burgers	450g	Essential Waitrose
	707322	Succulent whole New Zealand leg of lamb CONV STORES	per kg	
	711028	British lamb 24 meatballs	610g	Essential Waitrose
	713240	Abervale 4 succulent hand cut lamb loin chops	per kg	

	724271	New Zealand 6 lamb burgers	450g	Essential Waitrose
	739095	New Zealand lamb leg steaks	per kg	Essential Waitrose
	740180	2 seasoned & french trimmed racks of New Zealand lamb	385g	
	762009	Bone in Welsh lamb leg steak	230g	
	771776	Welsh lamb cutlets with red wine, shallots & caramelised onions	260g	
	780972	British Lamb ribs	per kg	Essential Waitrose
	785252	New Zealand 6 lamb burgers (CV)	450g	Essential Waitrose
	785324	British lamb 2 leg steaks	per kg	Essential Waitrose
	788283	New Zealand lamb butterflied leg	400g	Essential Waitrose
	796211	New Zealand lamb shoulder chops marinated with warming Baharat spices	400g	
	802627	New Zealand lamb 2 leg steaks	per kg	Essential Waitrose
	807950	Abervale lamb leg steaks	per kg	
	809252	2 Welsh lamb leg steaks with apricot & mint	215g	
	814820	2 extra trimmed New Zealand lamb topside leg steaks	per kg	
	821076	British lamb steaks	per kg	Essential Waitrose
	821090	British lamb chops 364g	364g	Essential Waitrose
	826491	British lamb 2 barnsley loin chops	236g	Essential Waitrose
	827715	Boneless leg of Welsh lamb with garlic & rosemary	400g	
	828938	New Zealand lamb 24 meatballs	610g	Essential Waitrose
	829223	Boneless leg of New Zealand lamb with garlic & rosemary	400g	
	830423	New Zealand lamb 24 meatballs (CV)	610g	Essential Waitrose
	830483	4 extra trimmed Welsh lamb leg steaks CONV STORES	per kg	
	830681	Abervale half leg of lamb	per kg	
	839944	New Zealand lamb cutlets with red wine, shallots & caramelised onions	260g	
	843776	British lamb barnsley loin chop 180g	180g	Essential Waitrose
	861793	Lamb koftas with fragrant ginger, red chilli, coriander and cumin ((Welsh))	360g	
	864607	Lamb koftas with warming Middle Eastern spices, pine nuts & pimento	360g	
	873271	New Zealand lamb butterflied leg (CV)	400g	Essential Waitrose
	877422	Seasoned lamb meatballs made with New Zealand lamb and basil	300g	
	877911	4 British lamb quarter pounders	454g	Essential Waitrose
	878068	4 succulent hand cut Welsh lamb loin chops CONV STORES	per kg	
	886079	Tender, extra trimmed New Zealand lamb fillet strips	225g	
	890225	Abervale 4 hand cut lamb rack cutlets	per kg	
	891079	British lamb mince (typically 20% fat) CONV STORES	500g	Essential Waitrose
	899548	New Zealand lamb mince (typically 20% fat) CONV STORES	500g	Essential Waitrose
<b>FRESH MEAT - LAMB</b>	<b>122</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
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FRESH MEAT - PORK	2033	British pork loin steaks (x2)	per kg	Essential Waitrose
	3734	British pork loin steaks (x4)	per kg	Essential Waitrose
	5032	British pork shoulder steaks	per kg	Essential Waitrose
	15407	British pork leg escalopes	per kg	Essential Waitrose
	25430	British free range pork mince (typically 8% fat)	500g	Waitrose Duchy Organic
	27691	British free range diced pork leg	400g	Waitrose Duchy Organic
	28858	Boneless free range pork loin roast	per kg	
	35030	British Pork Spare ribs	per kg	Essential Waitrose
	35680	Pork Shoulder with apple and sage stuffing	per kg	
	42306	British free range pork fillet	per kg	Waitrose Duchy Organic
	44000	British free range pork loin steaks	per kg	Waitrose Duchy Organic
	50735	Crackling pork boneless leg roast	per kg	
	56615	Extra trimmed, lean, tender pork medallions	per kg	
	58912	British free range pork leg crackling joint	per kg	Waitrose Duchy Organic
	59598	Boneless free range pork leg roast	per kg	
	66807	succulent free range pork loin steaks	per kg	
	72333	Thinly sliced free range pork escalopes	per kg	LOVE life
	78281	Succulent, juicy free range pork spare ribs	per kg	
	80694	Prime, tender free range pork fillet	per kg	
	83765	British Pork Fillet	per kg	Essential Waitrose
	88463	British free range pork meatballs (20)	300g	Waitrose Duchy Organic
	90624	British pork leg joint	per kg	Essential Waitrose
	90628	British pork Leg joint	per kg	Essential Waitrose
	90630	British pork mince (typically 8% fat)	500g	Essential Waitrose
	90644	British pork shoulder joint	per kg	Essential Waitrose
	90649	British pork chops (x2)	per kg	Essential Waitrose
	90659	French trimmed & seasoned crackling pork rack	per kg	
	95771	British pork boneless loin	per kg	Essential Waitrose
	96703	british pork sliced liver	380g	Essential Waitrose
	401918	12 succulent free range pork meatballs	420g	
	412108	british pork 6 faggots with streaky bacon	384g	Essential Waitrose
	416272	British pork belly slices	600g	Essential Waitrose
	445145	british pork diced shoulder	500g	Essential Waitrose
	500510	British pork chops (x2)	540g	Essential Waitrose
	532896	British pork thin cut loin steaks	450g	Essential Waitrose
	595623	British pork rack of loin ribs	per kg	Essential Waitrose
	596709	British Pork Belly Slices	per kg	Essential Waitrose
	622172	British pork belly joint	per kg	Essential Waitrose
	643741	Boneless free range pork loin roast	per kg	
	666660	Free range pork mince (typically 8% fat)	500g	
	705628	British pork loin steaks (x2)	300g	Essential Waitrose

	721048	British pork leg escalopes	450g	Essential Waitrose
	731954	Free range pork chops (x2)	450g	
	773642	Full flavoured free range pork shoulder steaks	per kg	
	810403	British pork pigs cheeks	per kg	Essential Waitrose
	857685	Salt & black pepper seasoned free range pork belly	per kg	
	883231	British pork chops (x2)	400g	Essential Waitrose
	884020	Extra trimmed, lean, tender pork medallions	240g	
	894704	British pork belly slices	500g	Essential Waitrose
	897482	British free range pork chops (2)	per kg	Waitrose Duchy Organic
<b>FRESH MEAT - PORK</b>	<b>50</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
FRESH PASTA	20826	Tagliatelle	500g	Essential Waitrose
	41007	Spaghetti	500g	Essential Waitrose
	52977	Fusilli	500g	Essential Waitrose
	52983	Penne	500g	Essential Waitrose
	55765	Tomato and basil sauce	500g	Essential Waitrose
	74892	Wholewheat tagliatelle	500g	Essential Waitrose
	86902	Lasagne	300g	Essential Waitrose
	89717	chargrilled vegetable sauce with olives	350g	
	91545	Tomato and basil sauce	350g	Essential Waitrose
	364745	Linguine	500g	Essential Waitrose
	552803	cherry tomato & basil sauce	350g	
	739612	Potato Gnocchi	500g	Essential Waitrose
	875436	Tomato and chilli sauce	350g	Essential Waitrose
<b>FRESH PASTA</b>	<b>13</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
FRESH POULTRY	2713	British Chicken thigh fillets	1kg	Essential Waitrose
	3768	Organic Free Range British Chicken Mini Fillets	per kg	Waitrose Duchy Organic
	4713	British Chicken thigh fillets	per kg	Essential Waitrose
	13737	Lean & tender free range chicken mini fillets	per kg	
	17029	Game Casserole	250g	
	23987	British Chicken drumsticks	800g	Essential Waitrose
	30042	2 boneless free range chicken breasts	per kg	
	32503	British Chicken breast chunks	400g	Essential Waitrose
	34067	Organic 6 Free Range British boneless chicken thigh fillets	per kg	Waitrose Duchy Organic
	35827	British Chicken thighs	800g	Essential Waitrose
	36660	Organic 4 Free Range British chicken drumsticks	per kg	Waitrose Duchy Organic
	37011	Golden corn fed free range chicken without giblets	per kg	
	37018	Succulent free range chicken without giblets	per kg	
	37019	Succulent free range chicken without giblets	per kg	

	37162	British chicken breast mini fillets in breadcrumbs	250g	
	37190	British Chicken livers	400g	Essential Waitrose
	37711	2 lean & boneless free range chicken breast fillets	per kg	
	39869	Partridge topped with bacon	225g	
	40593	British Chicken mini breast fillets	350g	Essential Waitrose
	49250	Organic 4 Free Range British Chicken Breast Fillets	per kg	Waitrose Duchy Organic
	55290	Organic 2 Free Range British Chicken Breast Fillets	per kg	Waitrose Duchy Organic
	59236	British Chicken 2 breast fillets	per kg	Essential Waitrose
	59647	4 full flavoured free range chicken drumsticks	per kg	
	63388	Organic 4 Free Range British Chicken Thighs	per kg	Waitrose Duchy Organic
	64234	British Chicken breast fillets (Conv)	500g	Essential Waitrose
	64863	4 Tender juicy Chicken wings	per kg	Organic
	66317	British Chicken large without giblets	per kg	Essential Waitrose
	67710	Organic Free Range British Chicken Livers	400g	Waitrose Duchy Organic
	68091	British Chicken Individually packed breast fillets (minimum 7)	1kg	Essential Waitrose
	68674	Easy Carve Pheasant with Pork, Chestnut and Bacon Stuffing	510g	
	70060	Boneless & skinless free range chicken thighs	per kg	
	70604	Pheasant Breast Fillets	150g	
	77464	2 succulent free range chicken legs	per kg	
	77840	4 lean & boneless free range chicken breast fillets	per kg	
	78233	Pheasant topped with bacon	500g	
	78250	Organic Free Range British Whole Chicken	per kg	Waitrose Duchy Organic
	81487	Fresh Free Range Traditional Goose	per kg	
	83478	British Chicken thighs	per kg	Essential Waitrose
	90189	British medium chicken without giblets	per kg	Essential Waitrose
	93238	4 flavoursome free range chicken thighs	per kg	
	95153	British chicken stuffed with onion, pork and sage	per kg	
	369186	British Chicken without giblets	1.2kg	Essential Waitrose
	403281	Chicken breast chunks in an aromatic green Thai marinade	300g	
	404603	British turkey breast and thigh mince (Percentage of fat content under 7%)	400g	Essential Waitrose
	406134	British Chicken wings	475g	Essential Waitrose
	414027	Pork, sage & onion stuffed British chicken	1.44kg	Essential Waitrose
	437236	sea salt and black pepper British chicken breast strips	250g	Essential Waitrose
	442921	British Chicken mini breast fillets	350g	Essential Waitrose
	443444	2 Wiltshire free range chicken breast fillets	per kg	
	458532	British chicken drumsticks and thighs with Ras el Hanout, preserved lemon and apricot	1kg	
	475722	Wiltshire Free Range Chicken Portions	per kg	
	486957	Wiltshire free range chicken without Giblets	per kg	

	487853	british skinless diced turkey breast fillet	500g	Essential Waitrose
	488582	Succulent & savoury stock brined whole British chicken	1.5kg	
	516960	british chicken breast chunks (convenience)	400g	Essential Waitrose
	519928	Breaded British chicken breast goujons	270g	Essential Waitrose
	539400	Free range chicken without giblets	per kg	REGIONAL
	546080	British chicken legs	per kg	Essential Waitrose
	548069	British turkey breast quick cook steaks	440g	Essential Waitrose
	560386	Chicken mini fillets with a hot & spicy marinade & jalapeños	300g	
	560571	British Chicken 2 boneless breasts	per kg	Essential Waitrose
	566332	Partridge Breast Fillet	150g	
	576017	Cajun spiced British chicken breast strips	250g	Essential Waitrose
	576564	2 Free Range Leckford Chicken Legs	per kg	
	578470	British Chicken 2 part boned breasts	500g	Essential Waitrose
	586262	Succulent and savoury stock brined whole British chicken	1.2kg	
	588870	British Chicken legs	1.175kg	Essential Waitrose
	592110	Sweet and smoky barbecue whole British chicken	1.5kg	
	615014	British Chicken breast fillet	145g	Essential Waitrose
	630235	'Ready to roast' brined British chicken	3kg	Waitrose Christmas
	642757	Diced chicken thighs in an aromatic green Thai marinade	400g	
	650095	Pheasant Breast Joint with stuffing and topped with bacon	200g	
	669268	2 Wiltshire free range chicken legs	per kg	
	670414	British Chicken mini breast fillets	350g	Essential Waitrose
	676331	British Chicken breast fillets	500g	Essential Waitrose
	685365	British chicken drumsticks and thighs with red peppers and chorizo	500g	
	690849	British Chicken Breast Fillets	300g	Essential Waitrose
	702177	British Chicken without giblets (Duchy)	per kg	Waitrose Duchy Organic
	702656	British turkey breast escalopes	250g	Essential Waitrose
	715946	Mallard Duck Breast Fillet skin on	140g	
	721403	British Chicken breast chunks	330g	Essential Waitrose
	724899	British chicken drumsticks and thighs with herbs, garlic and shallots	500g	
	726755	Organic Free Range British Chicken Breast Fillets	250g	Waitrose Duchy Organic
	727966	British Chicken drumsticks	900g	Essential Waitrose
	729197	Free Range chicken 2 breast fillets	per kg	REGIONAL
	732136	4 breaded British chicken steaks	500g	Essential Waitrose
	737434	British chicken drumsticks and thighs with red peppers and chorizo	1kg	
	739703	british skinless diced turkey breast fillet	450g	Essential Waitrose
	767298	British Chicken stir fry strips	280g	Essential Waitrose
	780764	Southern fried British chicken drumsticks & thighs	800g	Essential Waitrose

	785568	British chicken drumsticks and thighs with olives, garlic and roasted red peppers	1kg	
	806780	British Chicken stir fry strips	375g	Essential Waitrose
	810449	British Chicken drumsticks (Convenience)	400g	Essential Waitrose
	816257	British turkey breast quick cook steaks	220g	Essential Waitrose
	826976	Organic Free Range British Chicken Wings	400g	Waitrose Duchy Organic
	839813	2 British chicken breast fillets in a crunchy olive oil & herb breadcrumb	240g	
	842400	British boneless chicken thigh fillets in a Mexican tortilla coating	430g	
	846042	British chicken wings in chilli seasoned breadcrumbs with a tangy Korean inspired sauce	450g	
	846931	British Chicken stir fry strips	225g	Essential Waitrose
	851008	Fresh Free Range Guinea Fowl without giblets	minimum 900g	
	854970	fresh British chicken without giblets	1.3kg	Essential Waitrose
	874878	British chicken drumsticks and thighs with herbs, garlic and shallots	1kg	
	877857	British drumsticks & thighs with peppers, lemon & chilli	1kg	
<b>FRESH POULTRY</b>	<b>103</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
FRESH SOUP	18559	tomato & basil soup	600g	
	19584	French onion soup	600g	
	45942	Gazpacho	600g	
	65379	minestrone soup	600g	
	448840	Burmese Inspired chicken soup	600g	
	452909	pork, lentil & kale Soup	600g	
	459281	Red Lentil & Chilli Soup	600g	LoveLife Calorie Controlled
	521216	Caribbean chicken soup	600g	
	553637	Italian Inspired vegetable ribollita soup	600g	
	596546	chicken mulligatawny soup	600g	
	609978	Italian Inspired Bean Soup	600g	LOVE life
	614256	Mushroom & Black Barley Soup	600g	LOVE life - you count
	615148	Moroccan Inspired Chicken Soup	600g	LOVE life
	626188	vegetable broth	350g	LoveLife Calorie Controlled
	641128	American Inspired Bean & Beef soup	600g	LOVE life
	650757	Gazpacho	6x50g	
	669916	Mediterranean Inspired Vegetable Soup	600g	LOVE life - you count
	675978	vegetable gumbo soup	600g	
	728274	Mexican Inspired chicken pibil Soup	600g	
	750341	Asian Inspired Pea, Edamame & Chilli soup	600g	LOVE life
	753848	Vegetable & Lentil Soup	600g	Essential Waitrose
	767250	chicken & vegetable broth	600g	
	771793	Brazilian Inspired Beef Feijoada Soup	600g	LOVE life

	800396	Chicken & Spelt Broth	600g	Waitrose Duchy Organic
	819325	beef & pearl barley soup	600g	
	861262	chicken jambalaya	600g	
	875491	tomato & basil soup	350g	LoveLife Calorie Controlled
	880858	beef & vegetable soup	350g	
<b>FRESH SOUP</b>	<b>28</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
FROZEN DESSERTS	10464	British Summer Fruits	300g	
	21257	British Bramley Apple Slices	300g	
	55339	British Raspberries	300g	
	67820	Cranberries	300g	
	363619	Tropical Smoothie Mix	480g	LOVE life
	376067	Blueberries	400g	Essential Waitrose
	386945	Berries	450g	Essential Waitrose
	479513	Radiant Ruby Smoothie mix	480g	LOVE life
	500603	Black Forest Fruit	450g	Essential Waitrose
	512337	British Blackberries	300g	
	568900	Strawberry & Banana Smoothie Mix	480g	LOVE life
	601302	British Orchard Fruits	300g	
	611803	Duchy Organic English Raspberries	200g	Waitrose Duchy Organic
	701063	4 Crisp & rustic white baguettes	520g	Waitrose Frozen
	717622	Duchy Organic Berry Mix	300g	Waitrose Duchy Organic
	744509	Sunshine Smoothie mix	480g	LOVE life
	764484	Berry Smoothie Mix	480g	LOVE life
	771268	Raspberries	400g	Essential Waitrose
	778135	Exotic Fruits	450g	Essential Waitrose
	793347	Gorgeous Green Smoothie mix	480g	LOVE life
<b>FROZEN DESSERTS</b>	<b>20</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
FROZEN FISH PRODUCTS	10432	6 chunky breaded haddock fish fingers	330g	Waitrose Frozen
	11096	2 Handline Caught Yellowfin Tuna Steaks	300g	Waitrose Frozen
	26762	2 Farmed Mediterranean Sea Bass fillets	210g	Waitrose Frozen
	53781	6 coley portions	552g	Essential Waitrose
	73603	10 Cod fish fingers	300g	Essential Waitrose
	73834	cooked and peeled prawns	350g	Essential Waitrose
	76712	Flavoursome fruits de mer	400g	Waitrose Frozen
	77630	Succulent & sweet cooked & peeled large Canadian prawns	300g	Waitrose Frozen
	91661	6 chunky breaded cod fish fingers	400g	Waitrose Frozen
	94075	2 seeded haddock fillets	260g	Waitrose Frozen
	411818	Rich & flavoursome mackerel fillets	380g	Waitrose Frozen
	411864	Breaded lemon sole goujons	220g	Waitrose Frozen



	436159	Crunchy & golden 2 breaded lemon sole fillets	260g	Waitrose Frozen
	463201	Firm & flaky fish pie mix	400g	Waitrose Frozen
	519054	Moist & tender plaice fillets	450g	Waitrose Frozen
	524019	2 breaded cod fillets	300g	Waitrose Frozen
	531534	Whole tail scampi	300g	Waitrose Frozen
	565817	Spicy & aromatic 2 Lightly dusted cod	230g	Waitrose Frozen
	586408	2 breaded plaice fillets	280g	Waitrose Frozen
	592163	Succulent & firm cooked & peeled jumbo king prawns	250g	Waitrose Frozen
	615330	pollock fillets	380g	Essential Waitrose
	619273	Raw King Prawns	235g	Essential Waitrose
	645236	Rich & succulent 2 Scottish farmed salmon fillets	260g	Waitrose Frozen
	679694	Succulent & firm raw, peeled jumbo king prawns	350g	Waitrose Frozen
	687279	Tender & succulent squid tubes	400g	Waitrose Frozen
	705758	12 pollock fish fingers	360g	Essential Waitrose
	716598	Cooked King Prawns	235g	Essential Waitrose
	722914	Moist & succulent line caught cod fillets	475g	Waitrose Frozen
	734110	Firm & flaky line caught haddock fillets	425g	Waitrose Frozen
	784584	Mild & delicate 2 lemon sole fillets	160g	Waitrose Frozen
	785931	Mild & flaky hake fillets	410g	Waitrose Frozen
	801013	Firm & golden traditionally smoked haddock fillets	370g	Waitrose Frozen
	809469	Sweet & delicate scallops	200g	Waitrose Frozen
	810097	2 breaded haddock fillets	300g	Waitrose Frozen
	842716	4 breaded pollock fillets	500g	Essential Waitrose
	844337	Mild & delicate 2 Lightly dusted cod	230g	Waitrose Frozen
	863527	Succulent Headless shell on raw jumbo king prawns	250g	Waitrose Frozen
	899999	Cooked Seafood Selection	400g	Essential Waitrose
<b>FROZEN FISH PRODUCTS</b>	<b>38</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
FROZEN MEAT & POULTRY	18917	New Zealand Farm Assured Lamb Neck Fillets	250g	Essential Waitrose
	29253	New Zealand Farm Assured Lamb Hearts	340g	Essential Waitrose
	36190	New Zealand Farm Assured Lamb Sliced Liver	360g	Essential Waitrose
	57508	New Zealand Farm Assured Lamb Whole Leg	1.85kg	Essential Waitrose
	82680	New Zealand Farm Assured Lamb 6 Kidneys	360g	Essential Waitrose
	92617	New Zealand Farm Assured Lamb 6 Loin Chops	500g	Essential Waitrose
	433684	Waitrose Turkey with giblets - Small	2.5-3.99kg	Essential Waitrose
	435116	32 meatballs 100% British Beef	480g	Essential Waitrose
	442275	diced British beef	500g	Essential Waitrose
	459482	British Chicken without giblets	1.5kg	Essential Waitrose
	475449	British chicken mini fillets	1kg	Essential Waitrose
	546481	British chicken Breast Fillets	1.25kg	Essential Waitrose
	583580	Free Range Chicken Breast Fillets	1kg	

	599951	British chicken livers	250g	Essential Waitrose
	627929	Frozen Free Range Tukey Crown - Medium	2-2.5kg	Waitrose Frozen
	634607	Waitrose Turkey with giblets Extra Large	7-8.5kg	Essential Waitrose
	692116	Waitrose Turkey with giblets - Medium	4-5.49kg	Essential Waitrose
	694499	British beef mince (typically 15% fat)	1kg	Essential Waitrose
	723396	Hereford beef mince (typically 10% fat)	500g	Waitrose Frozen
	734933	British chicken thighs	1.25kg	Essential Waitrose
	764985	8 beef burgers, 100% British Beef	454g	Essential Waitrose
	793778	Waitrose Turkey with giblets - Large	5.5-6.99kg	Essential Waitrose
	817348	British beef lean mince (typically 7% fat)	500g	Essential Waitrose
	858370	Frozen Free Range Turkey - Medium	4.8-6.59kg	Waitrose Frozen
	886481	Frozen Free Range Turkey with giblets - Small	3-4.79kg	Waitrose Frozen
	891852	4 Aberdeen Angus British Beef Quarter Pounders	454g	Waitrose Frozen
	898217	4 Quarter Pounders, 100% British Beef	454g	Essential Waitrose

**FROZEN MEAT & POULTRY**

27 Products

Category	Line	Product Name	Size	Sub-Brand
FROZEN SAVOURY FOODS	1391	Rich & beefy mini spaghetti bolognese	250g	Waitrose Frozen
	51061	breaded British chicken breast chunks	300g	Waitrose Frozen
	54790	southern fried British chicken breast mini fillets	380g	Waitrose Frozen
	66572	Breaded British Chicken Breast Mini Fillets	380g	Waitrose Frozen
	383333	4 british chicken breast steaks	380g	Essential Waitrose
	405632	Succulent & smoky chicken & king prawn paella	1.2kg	Waitrose Frozen
	494437	Thin, crispy and ready to top 2 Stonebaked pizza bases, with rich passata	470g	Waitrose Frozen
	526418	Warming & spicy mini chilli con carne	250g	Waitrose Frozen
	544902	10 Tempura King Prawns	120g	Waitrose Frozen
	562776	4 Crisp & golden vegetable quarter pounders	454g	Waitrose Frozen Vegetarian
	570210	2 steak & ale pies	440g	Waitrose Frozen
	572100	4 Crisp & spicy chilli bean burgers	380g	Waitrose Frozen Vegetarian
	580428	2 roast chicken pies	440g	Waitrose Frozen
	597649	12 mini Indian snacks	282g	Waitrose Frozen
	681809	12 Southern fried chicken bites	260g	Waitrose Frozen
	685758	4 British Chicken Sea Salt & Pepper Steaks	380g	Essential Waitrose
	688172	Warming & fruity chicken tagine	1.2kg	Waitrose Frozen
	688936	2 steak & mushroom pies	440g	Waitrose Frozen
	701019	10 mini vegetable spring rolls	180g	Waitrose Frozen
	787415	10 Breaded King Prawns	130g	Waitrose Frozen
	816136	battered British chicken strips	400g	Waitrose Frozen
	840659	10 prawn toasts	170g	Waitrose Frozen
	852441	4 Smoky & succulent red pepper grills	350g	Waitrose Frozen Vegetarian
	854291	2 breaded British chicken breast fillets	325g	Waitrose Frozen
	896693	british southern fried drums & thighs	680g	Essential Waitrose

	898625	2 Savoury & succulent chestnut & mushroom grills	175g	Waitrose Frozen Vegetarian
<b>FROZEN SAVOURY FOODS</b>	<b>26</b>	<b>Products</b>		
Category	Line	Product Name	Size	Sub-Brand
HEALTHIER SNACKING	487637	Soft Large Smyrna Figs	270g	LOVE life
	494968	Soft Mango	180g	LOVE life
	505291	5 Mini-packs Soft Apricots	5x30g	LOVE life
	594569	Soft Mango - 5 Individual Packs	5x30g	LOVE life
	595334	Soft Apricots	270g	LOVE life
	610856	Soft Dates	270g	LOVE life
	701082	Raisins - 5 Individual Packs	5x30g	LOVE life
	760856	Soft Agen Prunes	270g	LOVE life
	814941	Large Soft Apricots	270g	LOVE life
	870607	Soft Figs	270g	LOVE life
	892134	Soft Prunes	270g	LOVE life
<b>HEALTHIER SNACKING</b>	<b>11</b>	<b>Products</b>		
Category	Line	Product Name	Size	Sub-Brand
HOME BAKING	2932	Raisins	375g	Organic
	4627	Mincemeat	410g	Waitrose Christmas
	4628	Mincemeat	820g	Waitrose Christmas
	6124	Golden Marzipan 500g	500g	Cooks' Homebaking
	6125	White Marzipan 500g	500g	Cooks' Homebaking
	6671	Apricots -Need to Soak-3	500g	***Select the sub brand here***
	6721	Raisins	500g	Essential Waitrose
	6722	Cape Raisins	500g	
	6731	Stone In Prunes	250g	
	6739	Sultanas	500g	Essential Waitrose
	6741	Currants	500g	Essential Waitrose
	6742	Currants	1kg	Essential Waitrose
	6743	Sweet & Tangy Fruit Mix	500g	
	6744	Mixed Fruit	500g	Essential Waitrose
	6745	Mixed Fruit	1kg	Essential Waitrose
	6761	A Measure Of Italian Cut Mixed Peel	200g	Cooks' Homebaking
	6801	Ground Almonds	100g	From Waitrose
	6802	Ground Almonds	200g	From Waitrose
	6804	Flaked Almonds 100g	100g	
	6805	Flaked Almonds 200g	200g	
	6810	Blanched Almonds	100g	
	6811	Blanched Hazelnuts	100g	
	6813	Pecan Nut Halves	100g	
	6815	Cashew Nuts	100g	
	6816	Brazil Nuts	100g	
	6820	Walnut Pieces	100g	

	6821	Walnut Pieces	200g	
	6823	Walnut Halves	100g	From Waitrose
	6832	Sunflower Seeds	100g	LOVE life
	6834	Pine Nut Kernels	100g	
	6850	Apricots	250g	
	6853	Stoned Dates	250g	
	10341	Cape Raisins	1kg	
	14306	Sesame Seeds	100g	
	18106	Toasted Flaked Almonds	100g	
	27820	Almonds	100g	Waitrose Duchy Organic
	28052	Pumpkin Seeds	200g	
	28152	Poppy Seeds	100g	From Waitrose
	28707	Chinese Stem Ginger in Syrup	350g	Cooks' Homebaking
	30452	Lemon Juice	125ml	Essential Waitrose
	42333	Split a couple of Madagascan Vanilla Pods	2s	Cooks' Homebaking
	43531	Brazil Nuts	100g	Waitrose Duchy Organic
	43560	Prunes	250g	Organic
	44691	Macadamia nut halves	100g	
	47474	Crunchy & Versatile Mixed Nuts	200g	
	51181	Sultanas	375g	Waitrose Duchy Organic
	51392	Lime Juice	125ml	Essential Waitrose
	51643	Orange River Sultanas	500g	
	54971	Walnut Pieces	100g	Organic
	57063	Dates	250g	Waitrose Duchy Organic
	67395	Vine Fruit Mix	1kg	
	68319	Chopped Apricots	250g	
	70388	Sultanas	1kg	Essential Waitrose
	70684	Waitrose Cooks' Homebaking - A Dash of Sicilian Lemon Juice from Conca d'Oro	250ml	Cooks' Homebaking
	80927	Organic Cashew Nuts	100g	Waitrose Duchy Organic
	86327	Soft Dates	500g	
	97445	Roasted Chopped Hazelnuts	100g	From Waitrose
	392125	A Measure Of Provençal Glacé Cherries	200g	Cooks' Homebaking
	410555	Mini Pink & White Marshmallows	150g	Essential Waitrose
	420061	A Spoonful Of Cream Of Tartar	140g	Cooks' Homebaking
	421141	Pistachios Kernels	100g	
	423020	Chopped brazil nuts	100g	From Waitrose
	439298	White 100's and 1000's	90g	Cooks' Homebaking
	449204	Cake decorations 8 Large Rose Sugar Decorations	8s	Cooks' Homebaking
	470735	Gingerbread Kid's Kit	263g	Cooks' Homebaking
	474359	Ready to Roll White Icing 1 kg	1kg	Cooks' Homebaking
	478765	Green Food Colouring	38ml	Essential Waitrose

	480457	Edible Stardust - Pink	each	Cooks' Ingredients
	480909	Madagascan Vanilla Extract	38ml	Cooks' Homebaking
	481578	French Almond Extract	38ml	Cooks' Homebaking
	481905	Flame raisins	500g	
	486189	Edible Gold Stars	each	Waitrose Christmas
	496078	Be Lavish with Silver Balls	92g	Cooks' Homebaking
	499103	Pink and White Stars	52g	Cooks' Homebaking
	502284	10 Sugar Rose Cake Decorations	10s	Cooks' Homebaking
	524356	Sparkle Dust	each	Cooks' Homebaking
	527187	Holly Berry and Leaves Sugar Sprinkles	65g	Waitrose Christmas
	538818	Edible Stardust - Blue	each	Cooks' Ingredients
	540563	Bronze Crunch	87g	Cooks' Homebaking
	545929	Edible Stardust - Gold	each	Cooks' Ingredients
	550324	essential victoria sponge mix	330g	Cooks' Homebaking
	556126	A Spoonful Of Cornflour	250g	Cooks' Homebaking
	578450	Red Food Colouring	38ml	Essential Waitrose
	580274	Be Bold With the Crystallised Stem Ginger	200g	Cooks' Homebaking
	586669	Arrowroot Powder	80g	Cooks' Homebaking
	589437	Glacé Cherries	200g	Essential Waitrose
	594976	American Peppermint Extract	38ml	
	599737	10 Sugar Rose Cake Decorations	10s	Cooks' Homebaking
	603262	Just a Drop of Coconut Flavouring	38ml	Cooks' Homebaking
	606818	Sparkly Sprinkling Snow	45g	Waitrose Christmas
	619082	Freeze Dried Strawberry Pieces	7g	Cooks' Ingredients
	622636	Brandy Marzipan 500g	500g	Cooks' Homebaking
	630182	Honeycomb Pieces	45g	Cooks' Homebaking
	650311	A Spoonful Of Baking Powder	160g	Cooks' Homebaking
	660037	Edible Stardust - Silver	each	Cooks' Ingredients
	663565	Cranberry Mincemeat	410g	Waitrose Christmas
	671979	Rainbow 100s and 1000s	90g	Cooks' Homebaking
	679883	8 Butterfly Sugar decorations	8s	Cooks' Homebaking
	695785	Yellow Food Colouring	38ml	Essential Waitrose
	696050	Christmas Cake Ingredients with ready to roll marzipan & icing	1.55kg	Waitrose Christmas
	726291	Edible Silver Stars	each	Waitrose Christmas
	742164	Brandy Mincemeat	820g	Waitrose Christmas
	743202	Ready to Roll White Icing 500 g	500g	Cooks' Homebaking
	745040	Cranberries	200g	Cooks' Homebaking
	749567	Chopped Dates	250g	From Waitrose
	757727	Valencian Orange Extract	38ml	Cooks' Homebaking
	758971	Glitter Strands	65g	Cooks' Homebaking
	786149	A Spoonful Of Bicarbonate of Soda	180g	Cooks' Homebaking
	787787	Freeze Dried Raspberry Pieces	10g	Cooks' Ingredients
	799135	Cake Decorators Sugar Decorations	8s	Cooks' Homebaking

	803579	Micro Pink & White Marshmallows	20g	Cooks' Ingredients
	804816	essential chocolate sponge mix	350g	Cooks' Homebaking
	810681	Red and Green Edible Glitter Flakes	each	Waitrose Christmas
	832321	Vanilla Flavouring	38ml	Essential Waitrose
	841267	Blue Food Colouring	38ml	
	848575	Sicilian Lemon Extract	38ml	Cooks' Homebaking
	848646	Fruity Confetti	60g	Cooks' Homebaking
	854616	Pink Food Colouring	38ml	Essential Waitrose
	857832	Just a drop of Salted Caramel Flavouring	38ml	Cooks' Homebaking
	863070	Raspberry Flavour Pink Glimmer Sugar	75g	Cooks' Homebaking
	885241	Meringue Drops	40g	Cooks' Homebaking
	888185	Mini White Marshmallows	150g	Essential Waitrose
	891854	Chopped Almonds	100g	
<b>HOME BAKING</b>	<b>123</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
HOT FOOD TO GO	384959	Chicken & Vegetable Broth	each	Good to Go
	420990	Lemon Rasam soup	each	Good to Go
	524061	hot bacon roll	each	Good to Go
	576039	Italian Bean	each	LOVE life
	719196	Tomato & Fresh Basil Soup	each	Good to Go
	751242	Moroccan Chicken Soup	each	LOVE life
	869732	italian bean soup	each	Cafe
<b>HOT FOOD TO GO</b>	<b>7</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
ICE CREAM	29631	8 rocket lollies	8x58ml	Essential Waitrose
	437343	6 refreshing coconut water lollies	6x55ml	
	468922	Alphonso mango sorbet	500ml	
	540807	8 fruit juice lollies	8x35ml	Essential Waitrose
	582599	4 tropical pineapple, passion fruit & coconut colada lollies	4x73ml	
	724638	lemon sorbet	500ml	
	780385	4 Scottish raspberry lollies	4x73ml	
	843761	4 Valencia orange lollies	4x73ml	
	861313	Mango and Raspberry Fruit Sorbet Lollies	6x60ml	LOVE life - you count
<b>ICE CREAM</b>	<b>9</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
INSTANT COFFEE	16666	10 individual Fairtrade Colombian Coffee Filters	75g	
	16669	Fairtrade Colombian Coffee Filters Decaffeinated 10s	75g	
	16705	mellow coffee	100g	Essential Waitrose
	16752	Rich Roast Coffee	100g	Essential Waitrose
	16810	Colombian Instant Coffee 100g	100g	
	16855	Decaffeinated Rich Roast Coffee	100g	Essential Waitrose

	78342	Fairtrade Italian Blend 10 coffee filters	75g	
	400223	Gold Coffee 100g	100g	
	403804	Colombian smooth & rich microground instant coffee	100g	
	430914	Fairtrade Italian Blend Coffee 100g	100g	
	462020	Waitrose Colombian Coffee 200g	200g	
	533660	Fairtrade French Blend Coffee 100g	100g	
	635487	Waitrose Gold Instant Coffee 200g	200g	
	651501	Decaffeinated Gold Coffee 100g	100g	
	795420	Drinking Chocolate	250g	
	823484	Colombian smooth & rich microground instant coffee	80g	
	873460	Fairtrade French Blend Intense and Dark 10 Coffee Filters	75g	
<b>INSTANT COFFEE</b>	<b>17</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
JUICE BAR	419374	apple cucumber kale and lime juice topped with lime	each	
	489242	Cranberry Juice Drink	each	
	500645	Orange and Lemon juice - grazing	each	
	511130	Orange Juice - grazing	each	
	562483	fruit pots regular and large	each	
	565393	fruit pots regular and large	each	
	568891	pineapple,banana and kale smoothie with coconut water topped with mint	each	
	575947	Mulled Apple Juice - grazing	each	
	603996	blueberry and banana with Almond drink smoothie topped with blueberry	each	
	630951	Pink Grapefruit Juice	each	LOVE life
	639075	pear beetroot apple and blackberry juice topped with blackberry	each	
	639755	Pear apple and beetroot juice - grazing	each	
	731347	carrot tangerine pineapple & lemon juice with manuka honey & turmeric topped with pineapple	each	
	746203	Orange Pineapple and Lemon juice with manuka honey - grazing	each	
	759535	Apple Pineapple, Spinach and Lemon Juice - grazing	each	
	781763	Child's orange juice - grazing	each	
	794238	Carrot, cucumber, apple, tomato & beetroot juice topped with mint	each	
	816557	Pumpkin and Sunflower seed shot	each	
	817768	apple carrot butternut squash parsnip and ginger juice topped with ginger	each	
	821814	Apple Kale & Lime juice	each	
	855757	Banana and cocoa smoothie with soya drink and honey - grazing	each	
	859324	Cucumber, apple, broccoli, lemon & spinach juice, topped with mint	each	
	865551	Orange, Melon & Raspberry Juice topped with freeze dried raspberries	each	
	867730	Strawberry Mango and Orange Juice - grazing	each	

	868825	Pink Lady® Apple juice	each	LOVE life
	874640	Temporarily tropical Smoothie mango, pineapple, banana, kiwi & passion fruit with almond drink topped with banana chips	each	
	875614	apple cucumber kale and lime juice topped with mint	each	
	880423	Orange Carrot and Ginger Juice - Grazing	each	
<b>JUICE BAR</b>	<b>28</b>	<b>Products</b>		
<b>Category</b>	<b>Line</b>	<b>Product Name</b>	<b>Size</b>	<b>Sub-Brand</b>
LOGLIFE FRUIT JUICES	8767	Fragrant & delicate. Sparkling Elderflower Refresher	750ml	
	12221	Pure Pink Grapefruit Juice From Concentrate	1litre	Essential Waitrose
	14395	Pure Apple juice from concentrate	3x200ml	Essential Waitrose
	21103	Pure Apple Juice from concentrate	4x1litre	Essential Waitrose
	21106	Pure Apple Juice from Concentrate	1litre	Essential Waitrose
	21114	Pure Grapefruit Juice from Concentrate	1litre	Essential Waitrose
	21130	Pure Orange Juice from concentrate	4x1litre	Essential Waitrose
	21131	Pure Orange Juice From Concentrate	1litre	Essential Waitrose
	21134	Pure Pineapple Juice from Concentrate	1litre	Essential Waitrose
	21158	Pure Florida Orange Juice from Concentrate	4x1litre	Essential Waitrose
	21366	Pure Exotic Fruit Juice from Concentrate	1litre	Essential Waitrose
	23490	Pure Juice Variety Pack contains Apple, Orange and Pineapple juices from concentrate	6x200ml	Essential Waitrose
	27471	Pure Apple Juice from concentrate	6x200ml	Essential Waitrose
	39361	Pure Orange and Mango Juice Partially Made From Concentrate.	1litre	Essential Waitrose
	40671	Pure Apple Juice From Concentrate	1litre	Waitrose Duchy Organic
	43296	Pressed Red Grape Juice	1litre	
	44282	Pressed Tomato Juice	1litre	
	52698	Pressed White Grape Juice	1litre	
	60895	Pure Orange Juice From concentrate	3x200ml	Essential Waitrose
	75899	Pure Pineapple Juice from Concentrate	3x200ml	Essential Waitrose
	88635	Crisp & Fragrant. Sparkling Apple and Elderflower refresher	750ml	
	95634	Pure Florida Orange Juice from Concentrate	1litre	Essential Waitrose
	97681	Pure Orange Juice From Concentrate	1litre	Waitrose Duchy Organic
	99845	Pure Orange Juice from concentrate	6x200ml	Essential Waitrose
	456805	Cranberry Juice Drink	1litre	
	570121	Pressed English Apple Juice	1litre	
	572250	Pure Orange & Grapefruit Breakfast Juice from concentrate	1litre	Essential Waitrose
	670626	Pressed English Apple and Mango Juice	1litre	
	817823	Vibrant & zesty sparkling Sicilian lemon refresher	750ml	
	851497	No Added Sugar Cranberry Juice Drink	1litre	LOVE life
	879639	Aromatic & vibrant sparkling ginger refresher drink	750ml	From Waitrose
<b>LOGLIFE FRUIT JUICES</b>	<b>31</b>	<b>Products</b>		



Category	Line	Product Name	Size	Sub-Brand
LOGLIFE MILK & ALTERNATIVES	35050	Unsweetened Soya alternative to dairy milk	1litre	Essential Waitrose
	35051	Sweetened Soya alternative to dairy milk	1litre	Essential Waitrose
	466994	UHT Coconut Drink with added calcium and vitamins	1litre	
	617158	UHT Unsweetened Almond Drink with added calcium and vitamins	1litre	
	804416	UHT Almond Drink original with added calcium and Vitamins	1litre	
LOGLIFE MILK & ALTERNATIVES	5	Products		

Category	Line	Product Name	Size	Sub-Brand
MEAT ACCOMPANIMENTS	43238	Beef Gravy	400g	Waitrose Duchy Organic
	396602	Tartare Sauce	170g	
	405486	Chicken Gravy	500g	
	420965	A ladle of chicken stock slowly simmered	500g	Cooks' Ingredients
	434271	Chicken Gravy	400g	Waitrose Duchy Organic
	461248	Beef Gravy	500g	
	464560	American Inspired Slow Cook Smokey BBQ Sauce	500g	Cooks' Ingredients
	468403	red wine & shallot sauce	200g	
	482790	Onion Gravy	450g	
	483982	Turkey Gravy	500g	Waitrose Christmas
	526574	Beef stock	500g	Heston From Waitrose
	537049	French Inspired Slow Cook Red Wine & Mushroom Sauce	500g	Cooks' Ingredients
	553987	Lamb Gravy	500g	
	600851	A Handful of Soft White Bread Crumbs	200g	Cooks' Ingredients
	621794	Chicken stock	500g	Heston From Waitrose
	625130	British Inspired Slow Cook Vegetable & Ale Sauce	500g	Cooks' Ingredients
	628247	Cranberry & Port Sauce	300g	Waitrose Christmas
	638427	Ultimate BBQ Sauce	175ml	Heston From Waitrose
	648881	Cool & Refreshing sauces	300g	
	677975	A Ladle of Fish Stock Gently Simmered	500g	Cooks' Ingredients
	692933	Gravy	500g	Essential Waitrose
	699660	A ladle of vegetable stock gently simmered	500g	Cooks' Ingredients
	704090	Moroccan Inspired Slow Cook Tagine Sauce	500g	Cooks' Ingredients
	759266	A ladle of beef stock slowly simmered - Sub-ingredient for Beef Gravy	500g	Cooks' Ingredients
	799731	Lamb Gravy	450g	
	807067	Cranberry & Pomegranate Sauce	200g	Heston From Waitrose
	819689	Vegetable Gravy	500g	Waitrose Christmas
	826725	Chicken Gravy	450g	
	828706	Finishing Jus for Beef	200g	Heston From Waitrose

	837613	Beef Gravy	450g	
	841084	Cranberry & Mandarin Sauce with Vodka	200g	Heston By Waitrose
	872843	Vegetable Gravy	450g	
	896473	Hot & Spicy sauces	300g	
<b>MEAT ACCOMPANIMENTS</b>	<b>33</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
MULTIPACK CRISPS	3361	12 Pack ready salted crisps	12x25g	Essential Waitrose
	3380	6 pack Ready salted crisps	6x25g	Essential Waitrose
	3383	6 Pack Salt & Malt Vinegar Crisps	6x25g	Essential Waitrose
	587908	BBQ Flavoured Soya & Potato Snacks Multipack	5x22g	
	627492	6 Pack Salt Your Own Crisps	6x25g	Essential Waitrose
	667828	Sea Salt and Cracked Black Pepper Lentil Tubes	5x20g	
	732336	Crinkle Cut Unsalted Crisps	6x25g	LoveLife Calorie Controlled
	739466	6 Pack Crinkle Cut Ready Salted Crisps	6x25g	LoveLife Calorie Controlled
<b>MULTIPACK CRISPS</b>	<b>8</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
OLIVE BARS	22162	Pimento stuffed Kalkidis Olives with Peppers	per tub	
	23262	Small Spanish Couchillo Olives	1kg	
	33698	Sun-Ripened Tomatoes	1kg	
	39574	Manzanilla olives with Sun Dried Tomatoes	1kg	
	42066	Greek Kalamata Olives	1kg	
	93365	Large Black Greek Olives		
	392177	Hot Cherry Peppers		
	414847	Italian Bella di Cerignola olives with pink peppercorns	750g	
	481853	Autumn Beldi Olives & Tomato Mezze	750g	
	494365	Kalkidis Olives with garlic, orange zest, oregano and chilli	1kg	
	579924	Piccalilli Antipasti	700g	
	583291	Sunshine Olives	per 100g	
	598780	Green Olives stuffed with garlic	1KG	
	648511	Pimento & Jalapeno Stuffed Olives	750g	
	673241	Moroccan Spiced Queen Green Olives	1kg	
	831018	Caperberries & Tomatoes	2x700g	
	872138	Stone in Nocellara	per kg	
<b>OLIVE BARS</b>	<b>17</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
PASTA & PASTA SAUCE	4317	Fusilli	1kg	Essential Waitrose
	7548	Borettane Onions in Balsamic Vinegar	280g	
	17133	Spaghetti	500g	Essential Waitrose
	17136	Spaghetti	1kg	Essential Waitrose
	17158	Fusilli	500g	Essential Waitrose

	17159	Farfalle	500g	Essential Waitrose
	17160	Essential Amori	500g	Essential Waitrose
	17162	Penne	500g	Essential Waitrose
	17186	Italian Macaroni	500g	Essential Waitrose
	17190	Tagliatelle 500g	500g	Essential Waitrose
	17255	Essential Lasagne Sheets	375g	Essential Waitrose
	17256	Essential Lasagne Verdi Sheets	375g	Essential Waitrose
	17259	Essential Egg Lasagne Sheets	375g	Essential Waitrose
	17483	Sliced artichoke hearts	280g	
	17485	Intensely rich sun-dried tomatoes	280g	
	19737	Penne	1kg	Essential Waitrose
	32773	Essential Linguine	500g	Essential Waitrose
	34394	Kalamata Olive & Anchovy Tapenade	165g	
	34765	Green Olive, Coriander & Lemon Tapenade	165g	
	34766	Kalamata Olive & Sun dried Tomato Tapenade	165g	
	67103	Intensely rich sun-dried tomatoes	530g	
	73467	Spaghetti	500g	Waitrose Duchy Organic
	79300	Sliced Artichokes Hearts With Extra Virgin Olive Oil	530g	
	83469	Essential Elicoidali	500g	Essential Waitrose
	95415	Fusilli	500g	Waitrose Duchy Organic
	417514	Arrabbiata	345g	
	447017	Bolognese	555g	
	450299	Essential Conchiglie Rigate	500g	Essential Waitrose
	463114	Orzo	500g	Essential Waitrose
	479674	Puttanesca	345g	
	526234	Wholewheat penne	500g	LOVE life
	537587	Wholewheat fusilli	500g	LOVE life
	548031	Tomato, Onion and Garlic PastaSauce	555g	Essential Waitrose
	645202	Bold and flavoursome chargrilled Cardoncelli mushrooms	280g	
	648428	Wholewheat Spaghetti	500g	LOVE life
	699396	Tomato and Mushroom Sauce	555g	Essential Waitrose
	737306	Tomato and Basil PastaSauce	555g	Essential Waitrose
	740368	Tomato and Sundried Tomato Sauce	345g	
	778739	Essential Vermicelli Nests	500g	Essential Waitrose
	793920	Tomato Lasagne Sauce	555g	Essential Waitrose
	808582	Succulent Violetta baby artichokes marinated in garlic and parsley	280g	
	858115	Tomato and Chilli PastaSauce	555g	Essential Waitrose
<b>PASTA &amp; PASTA SAUCE</b>	<b>42</b>	<b>Products</b>		
<b>Category</b>	<b>Line</b>	<b>Product Name</b>	<b>Size</b>	<b>Sub-Brand</b>
PREPACKED CAKES	785215	12 Cupcakes	12s	Essential Waitrose
PREPACKED CAKES	<b>1</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
PREPACKED DELICATESSEN	8780	Reduced Fat Ardennes Pâté	170g	Essential Waitrose
	12051	Roasted Tomato Houmous	200g	Delicatezze
	13202	Reduced Fat Houmous Stacker	3x60g	LOVE life
	15729	Greek Kalkidis Olives	200g	
	20364	Spanish Couchillo olives	200g	
	21713	Sun dried tomatoes	200g	
	46201	Reduced fat houmous	300g	LOVE life
	48276	Brussels Pâté	170g	Essential Waitrose
	48779	taramasalata	170g	
	48782	Houmous	230g	Essential Waitrose
	48783	Houmous	300g	Essential Waitrose
	48879	Reduced Fat Houmous	230g	LOVE life
	54314	Duchy Organic Houmous	200g	Waitrose Duchy Organic
	61330	Mellow and Sweet red pepper houmous	200g	
	61653	Zesty & Aromatic Lemon & Coriander Houmous	200g	
	63094	Houmous with parsley & paprika	170g	
	63823	Chargrilled artichokes	175g	
	69618	Ardennes pate	170g	Essential Waitrose
	75894	Adriatic Anchovies	200g	
	77402	Houmous trio with roasted tomato, red pepper and lemon & coriander houmous	3x60g	
	80976	Reduced Fat Brussels Pâté	170g	Essential Waitrose
	412295	Reduced Fat Houmous trio with plain, lemon & coriander and red pepper houmous	180g	LOVE life
	418063	Ham Hock Terrine	120g	
	422604	EVO Houmous	200g	
	464502	Prawn Mayonnaise deli filler	170g	Essential Waitrose
	513753	Rich Houmous with peperonata	135g	
	527614	Houmous with Olive Tapenade	125g	
	538234	Mini Mediterranean Olive Selection	127g	From Waitrose
	544104	Beetroot falafels	176g	
	575928	Sun drenched tomatoes	190g	
	583234	Chicken, Sweetcorn and Bacon deli filler	170g	Essential Waitrose
	598051	Garlic & Jalapeno stuffed olives	340g	
	603700	Free Range Egg Mayonnaise deli filler	240g	Essential Waitrose
	606739	Seafood Antipasti	145g	
	612898	Caramelised Onion Houmous	200g	Delicatezze
	616551	Pork Liver pate topped with a mixed berry compote	200g	Waitrose Christmas
	628129	Olives with chilli	140g	Waitrose Summer
	654303	Mojito chicken cigarellos	110g	
	659629	Alfonso Olives	151g	From Waitrose
	663710	Manzanilla and smoked Kalamata olives	180g	

	668577	Nocellara olives	140g	Waitrose Summer
	670487	Harissa Lamb Pastries	100g	
	680219	Moroccan houmous	200g	Delicatezze
	683461	Reduced fat Free Range Egg Mayonnaise deli filler	170g	Essential Waitrose
	694741	Pimento stuffed olives	200g	
	695676	Chargrilled Vegetables	185g	
	695859	Tuna and Sweetcorn deli filler	170g	Essential Waitrose
	704985	vine ripened tomato salsa	200g	
	742748	Pitted Black Olives	130g	Essential Waitrose
	752051	Pitted Green Olives	130g	Essential Waitrose
	774846	Italian Olive Selection	139g	From Waitrose
	789550	stuffed vine leaves	225g	
	798128	Piri Piri Houmous	200g	
	803219	Farmhouse Pork Pate	100g	
	838617	Seafood Cocktail deli filler	170g	Essential Waitrose
	854928	Nocellara Olives	200g	
	867952	Mixed olives	140g	Waitrose Summer
	875054	Free Range Egg and Bacon deli filler	170g	Essential Waitrose
	875433	Edremit Olives	152g	From Waitrose
	882722	Garlic & Jalapeno stuffed olives	180g	
	885289	Pork & Onion pate	160g	
	891142	Picholine Olives	123g	From Waitrose
	895880	Greek Mixed Olives	200g	
	898693	Greek Kalamata olives	230g	
<b>PREPACKED DELICATESSEN</b>	<b>64</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
PREPACKED FRESH FISH	3011	Rich & succulent boneless Scottish salmon fillet	500g	
	16683	Whole tail scampi in crunchy breadcrumbs	200g	
	19482	Sweet & succulent boneless Scottish loch trout fillets	280g	
	26113	Cod fillet in breadcrumbs with chips	300g	Essential Waitrose
	28956	Yellowfin tuna steaks	240g	Waitrose 1
	31945	Lemon sole goujons in crunchy breadcrumbs	220g	
	38708	2 haddock portions	300g	Essential Waitrose
	46105	Tender & flavoursome British plaice fillets	per kg	
	46108	Delicate & tender English rainbow trout fillets	per kg	
	46207	Rich and succulent boneless Scottish salmon fillets	280g	
	46303	Traditionally smoked haddock fillets	per kg	
	59036	2 Scottish Salmon Fillets	265g	Waitrose Duchy Organic
	61487	6 cod fillet fingers in breadcrumbs	330g	Essential Waitrose
	62220	Rich & firm boneless wild Alaskan Sockeye salmon fillets	220g	
	66373	Sweet and delicate raw scallops	175g	

	67651	Rich & succulent boneless Scottish salmon fillets	550g	
	75147	ORGANIC Raw king prawns	150g	Waitrose Duchy Organic
	83527	Raw jumbo king prawns	180g	
	83840	Lightly smoked boneless Scottish salmon fillets	260g	
	86862	2 cod portions	300g	Essential Waitrose
	88832	Sweet & delicate lemon sole fillets	per kg	
	370623	Firm & flavoursome boneless wild Alaskan Keta salmon fillets	220g	
	389399	Chunky & smoky cod & salmon fish mix	260g	
	397499	Haddock fillets in a crunchy seeded crumb	260g	
	400497	Firm, flaky skinless & boneless haddock fillets	260g	
	412460	Mild and succulent diced Albacore tuna steak	1x250each	
	413147	Cod fillets in a crunchy seeded crumb	260g	
	439172	Zesty aromatic sea bass with lime, chilli and coriander	100g	
	480062	Zesty aromatic sea bass with lime, chilli and coriander	100g	
	481519	6 haddock fillet fingers in breadcrumbs	300g	Essential Waitrose
	505446	Plaice fillets in crunchy breadcrumbs	325g	
	521273	raw king prawns	150g	Essential Waitrose
	531920	Rich & flavoursome boneless sea bass fillets	180g	
	569337	Rich & succulent boneless Scottish salmon fillet	120g	
	570175	Tilapia fillets with parsley, red peppers, coriander & chilli	210g	
	615396	Moist, succulent skinless & boneless cod fillets	260g	
	628292	Boneless butterflied sea bass stuffed with slow roasted tomatoes & Kalamata olives	320g	
	634562	Albacore tuna steaks with soy & ginger dressing	250g	
	649837	Lemon sole fillets in crunchy breadcrumbs	290g	
	654143	2 Scottish salmon fillets with sweet & tangy chilli & Szechuan pepper jam	250g	
	670472	Cod fillets in crunchy breadcrumbs	300g	
	671090	Monkfish Medallions	200g	Waitrose 1
	717610	Oriental spiced salmon with soy, mirin, ginger and garlic	122g	
	738291	Scottish salmon with sweet chilli, spring onions and coriander	600g	Waitrose Christmas
	784553	Moist, succulent skinless & boneless cod fillet	per kg	LOVE life
	802382	Tender & delicate sea bream fillets	180g	
	821853	Hake fillets in breadcrumbs	345g	Essential Waitrose
	822725	Succulent boneless Scottish salmon fillets	220g	
	827494	5 Scottish salmon fillets	600g	Essential Waitrose
	850316	Mild & delicate boneless tilapia fillets	200g	
	856206	Lightly smoked salmon with fresh herbs & lemon	117g	
	861128	Succulent & flavourful diced tuna	250g	
	862851	Haddock fillets in crunchy breadcrumbs	300g	

	881242	Wild Alaskan sockeye salmon fillets with a lemon dressing	240g	
	881952	Rich & succulent fresh Scottish salmon fillet	per kg	Waitrose Christmas
	887975	Rich & succulent fresh Scottish salmon fillet	850g	
	894990	Plaice goujons in crunchy breadcrumbs	220g	
<b>PREPACKED FRESH FISH</b>	<b>57</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
PREPACKED ROLLS	1889	6 White Sesame Seed Burger Buns	6s	Essential Waitrose
	39832	4 Ciabatta Rolls	4s	
	57075	4 Granary® Rolls	4s	
	57079	6 Wholemeal Baps	6s	Essential Waitrose
	57243	6 White Floured Baps	6s	Essential Waitrose
	78822	4 White Rolls	4s	
	81578	4 White Giant Baps	4s	Essential Waitrose
	91497	6 White Finger Rolls	6s	Essential Waitrose
	409846	6 White Hot Dog Rolls	6s	Essential Waitrose
	419978	6 Assorted Round Rolls	6s	
	559991	4 Wholemeal Seeded Rolls	4s	LOVE life
	566073	4 Wholemeal Giant Baps	4s	Essential Waitrose
	733749	4 Green and Black Olive Rolls	4s	
	740026	4 Panini	4s	
	746435	4 Sun-dried Tomato and Basil Rolls	4s	
	798814	6 Waitrose Half White Half Wholemeal Rolls	6s	Essential Waitrose
	802863	4 Wheat and Wholemeal Spelt Rolls	4s	LOVE life
	841612	4 Heyford Wholemeal Rolls	4s	
	853606	4 Wheat and Rye Rolls Topped With Sunflower Seeds	4s	LOVE life
	896165	4 White Giant Sesame Seed Burger Buns	4s	Essential Waitrose
<b>PREPACKED ROLLS</b>	<b>20</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
PREPARED PRODUCE	2139	Carrot, Cauliflower and Broccoli	240g	Essential Waitrose
	3499	Sliced runner beans - import and UK	170g	
	5277	babyleaf salad	110g	
	9152	Mixed salad	265g	Essential Waitrose
	9207	Organic Unwashed Wild Rocket	60g	Waitrose Duchy Organic
	9694	Potato and egg salad	300g	
	12697	Prepared fresh, seasonal carrots, broccoli & sprouts	500g	
	14276	sweet salad	130g	Essential Waitrose
	15880	watercress, rocket & spinach	130g	
	16971	beetroot salad	160g	
	18056	babyleaf herb salad	100g	
	23491	Classic Fruit Salad (grapes)	650g	
	25030	Sweet & Spicy Chilli Beetroot	180g	

	25838	Mango	190g	
	30391	READY TO ROAST MEDITERRANEAN VEGETABLE SELECTION	400g	
	30689	Mushroom stir fry	320g	
	32441	Diced Carrot and Swede	450g	Essential Waitrose
	36551	Wild rocket	70g	Waitrose Duchy Organic
	39527	wild rocket	140g	
	39600	Popped Garden Peas	190g	
	41237	wild rocket salad	110g	
	42277	Beansprouts	300g	Essential Waitrose
	42698	Popped petits pois	190g	
	42773	continental salad	145g	
	42895	Free Range Egg Noodles	300g	
	43947	Classic Fruit Salad	350g	
	46801	Melon & Grape	200g	
	52992	Melon Medley	375g	
	53142	mixed salad	100g	Essential Waitrose
	53688	Mango	300g	
	53699	Tuna Niçoise Salad	330g	
	56022	Pineapple	360g	
	56493	lambs lettuce	95g	
	61131	CARROT BATONS	400g	Essential Waitrose
	64393	Pomegranate Seeds	110g	
	67520	baby spinach	115g	
	70379	Washed Spinach	235g	
	71430	Pineapple	120g	
	71889	Lime zest infused Baby beetroot with red wine vinegar & orange blossom honey	180g	
	71941	Coconut	90g	
	73693	READY DICED BUTTERNUT AND SWEET POTATO	350g	
	77168	Melon Medley	200g	
	78081	Tropical Fruit Selection	200g	
	80356	crunchy salad	200g	Essential Waitrose
	81044	RED ONION	2x200g	Cooks' Ingredients
	81267	Classic Fruit Salad	200g	
	85908	Baby Beetroot in Mild Malt Vinegar	250g	
	86922	iceberg	300g	Essential Waitrose
	86926	wild rocket	90g	
	88318	Melon Wedges	280g	
	89903	ONION	2x200g	Cooks' Ingredients
	90899	Watercress UK	100g	LOVE life
	91133	Pineapple	200g	
	96674	CASSEROLE VEGETABLES	550g	Cooks' Ingredients
	363660	Pineapple, kiwi, mango & blueberry	300g	



	365198	Singapore Noodles	300g	
	369921	sunshine fruit selection	300g	
	372192	Washed Spinach	80g	
	386568	Prepared rainbow vegetables	180g	
	389906	english garden salad	80g	Menu from Waitrose
	390668	Sliced fine green beans	100g	
	393962	Trimmed, Sweet, Tender Baby Sprouts	100g	
	399975	Shelled edamame beans	80g	
	400328	sunshine fruit selection 400g	400g	
	401948	Plum Hoisin Sauce	140g	
	402918	Asian Prawn Salad	250g	
	405444	Goose Fat Potatoes	850g	
	405518	Brazilian fiesta fruit salad	425g	
	407434	Apple Fridge Pack	400g	
	420859	Green Stir Fry	200g	
	423217	Convenience Free Range Egg Noodles	300g	
	427950	Sweet Chilli Noodles 275g	275g	
	434644	Sweet Chilli Sauce	140g	
	435602	Trimmed tender, flavoursome brussels sprouts	365g	
	436599	Convenience Mixed Pepper Stir Fry	300g	
	438756	Four bean mix	90g	
	444020	inferno rocket salad	80g	Menu from Waitrose
	447459	pea shoots	75g	
	461191	Prepared colourful & tender vegetable trio	90g	
	462730	Pea, Bean & Cress Stir Fry	265g	
	464242	SOFFRITTO	400g	Cooks' Ingredients
	469715	Autumn Fruit Selection	240g	
	472710	babyleaf salad	2x50g	
	483605	Baby leaf & rocket salad	110g	Waitrose Duchy Organic
	498730	Sliced runner beans	100g	
	511680	Butternut Spaghetti	185g	
	513709	Korean Soy Bean Sauce	1x140g	
	514157	Rainbow Salad 220g	220g	
	515095	Rice Noodles	300g	
	517636	READY SLICED BUTTERNUT WEDGES	350g	
	521830	White sugarloaf pineapple	200g	
	521918	Pineapple Fridge Pack	500g	
	522216	Aromatic Stir Fry	200g	
	522872	Prepared fresh, firm flavoursome baby pearl potatoes	200g	
	524131	Diced Shallots	100g	Cooks' Ingredients
	528013	Sweet and sour sauce	140g	
	530450	Speciality Tomato Salad	240g	

	530998	Trimmed bright & succulent green vegetables	90g	
	533634	Berry Medley	240g	
	534702	Prepared Baby Flat Kale & Butternut Squash	200g	
	538663	Vegetable Noodles	210g	
	540531	Trimmed Tenderstem Broccoli	80g	
	545910	Lime and Amarillo Chilli Dressing	150ml	
	555386	Melon, Mango, Kiwi & Grape	180g	
	557287	Prepared colourful & tender vegetable trio	90g	
	557562	WR Pink Lady Apple Slices	80g	
	563644	Popped Garden Peas	90g	
	570084	Super bright stir fry	300g	
	572880	HONEY AND MUSTARD DRESSING	150ml	
	582173	Prepared crisp & colourful chef's selection	250g	
	592493	Potato Boulangere	330g	
	593351	Trimmed Baby Corn	80g	
	597139	Limited Selection Mango	200g	
	599738	Mango Fridge Pack	420g	
	600619	Vegetable and Bean Stew Mix	400g	Cooks' Ingredients
	601152	Mandarin & shallot dressing	150ml	
	610173	tenderleaf salad	100g	
	612375	basil salad	80g	Menu from Waitrose
	616903	WR Limited Selection Melon	200g	
	625886	Essential Fruit Salad	320g	Essential Waitrose
	640533	Vegetable Stir Fry	300g	Essential Waitrose
	648750	Sunshine Vegetable Medley	160g	
	649176	Soy Ginger and Sesame Stir Fry Sauce	140g	
	651057	BALSAMIC DRESSING WITH OIL BLEND	150ml	
	655564	Korean Barbeque Sauce	140g	
	659896	READY PEELED GARLIC CLOVES	50g	Cooks' Ingredients
	663792	Tomato & roasted pepper side salad	160g	
	665278	Sliced runner beans - import and UK	170g	
	667051	watercress, rocket & spinach	2x60g	
	668242	Hearty and flavoursome British Roasting Vegetables	550g	
	672877	Crispy Potato Slices	400g	
	674278	Fruity Garden Side Salad	130g	
	677482	Essential Vegetable Stir Fry Convenience	300g	Essential Waitrose
	677648	FRENCH DRESSING	150ml	
	679904	Popped Garden Peas	90g	
	686781	Watermelon	175g	
	692508	Paprika Potato Wedges with BBQ Sauce	350g	
	695866	bistro salad	80g	Menu from Waitrose
	696877	Root Vegetables, Kale and Pearl Barley Soup Mix	450g	Cooks' Ingredients

	698434	Summer Berries	160g	
	710267	Vegetable Ribbon Pan Fry	265g	
	713488	Spicy Chinese Vegetable Stir Fry	265g	
	720452	Black Bean Sauce	140g	
	721827	Parsnips with Honey and Mustard	500g	
	722417	WATERMELON SLICES	440g	
	728130	Pea, Leek & Pak Choi Steamer	200g	
	729758	RTR Winter Vegetables	600g	
	740073	Hot and Sour Chilli Sauce	140g	
	746169	Tenderstem® broccoli, Kale & Quinoa side salad	165g	
	747350	Trimmed bright & succulent green vegetables	90g	
	750669	Trimmed sugar snap peas	100g	
	750794	Mixed Pepper Stir Fry 150g	150g	
	754541	Cooks Ingredients Butternut Soup Mix	400g	Cooks' Ingredients
	757112	Mixed Pepper Stir Fry	300g	
	793526	Satay Stir Fry Sauce	140g	
	795781	crispy salad	200g	Essential Waitrose
	798362	Samphire	90g	
	798474	Katsu Curry Sauce	140g	
	799576	Green Vegetable Pan Fry with Lemon & Dill	240g	
	804941	Courgette Spaghetti	185g	
	807782	Crunchy stir fry bag	450g	Essential Waitrose
	811386	Coconut Lemongrass Sauce	140g	
	813668	Baby Vegetable Stir Fry	200g	
	814667	Green Thai Sauce	140g	
	815036	Seasonal Salad Leaves Italian 3	60g	
	816775	Papaya, Mango & Lime 200g	200g	
	817457	Tropical fruit grazing tray	240g	
	819223	butterhead salad	140g	
	821430	babyleaf salad	50g	
	823882	Prepared Ready to Roast Vegetables	850g	
	830996	Indonesian Stir Fry	220g	
	836503	British summer steamer	180g	
	838608	Sourdough Bruschettas with Roasted Garlic & Rosemary	90g	
	840456	Stir Fry Rice	350g	
	842802	wild rocket salad	2x50g	
	843556	Essential Fruit Salad	160g	Essential Waitrose
	847372	Raspberry and beetroot dressing	150ml	
	849983	Popped garden peas	155g	
	859290	Colourful stir fry	220g	
	861520	Summer Salad	80g	Menu from Waitrose
	862525	Rainbow Selection	210g	

	863460	WR Mango	120g	
	866371	Seeded Croutons with Caraway Seeds	100g	
	869249	Waitrose 5 a day selection	400g	
	869600	Essential Waitrose Side Salad	150g	Essential Waitrose
	870337	Thai Stir Fry	220g	
	871132	Cumin & Pomegranate Beetroot	180g	
	871354	Prepared fresh, seasonal broccoli, leek & cabbage	250g	
	874819	Aromatic Stir Fry	220g	
	887019	Essential Salad 330g	330g	Essential Waitrose
	887323	Tenderstem® broccoli	200g	
	891315	Broccoli and Cauliflower Couscous	220g	
	892529	garden salad	80g	Menu from Waitrose
<b>PREPARED PRODUCE</b>	<b>193</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
PRESERVES	4401	Apricot Jam	454g	Essential Waitrose
	4406	Raspberry Jam	454g	Essential Waitrose
	4407	Strawberry Jam	454g	Essential Waitrose
	4409	Seedless Raspberry Jam	454g	Essential Waitrose
	4412	Rich, sweet greengage extra fruity preserve	340g	
	4418	Blackcurrant Jam	454g	Essential Waitrose
	4440	Golden apricot extra fruity preserve	340g	
	4441	Deep, dark Black Cherry Extra fruity preserve	340g	
	4442	bright blackcurrant extra fruity preserve	340g	
	4443	vivid Morello Cherry Extra fruity preserve	340g	
	4444	fragrant raspberry extra fruity preserve	340g	
	4446	succulent strawberry extra fruity preserve	340g	
	4448	luscious red plum extra fruity preserve	340g	
	4501	Seville Fine Cut Orange Marmalade	454g	Essential Waitrose
	4502	Seville no peel Orange Marmalade	454g	Essential Waitrose
	4503	Seville Thick Cut Orange Marmalade	454g	Essential Waitrose
	4505	Orange Marmalade with Ginger	454g	Essential Waitrose
	4596	bright and tangy 3 Fruits Fresh Fruit Marmalade	340g	
	4601	Essential Pure Clear Honey 454g	454g	Essential Waitrose
	4602	Essential Pure Set Honey 454g	454g	Essential Waitrose
	4652	Crunchy Peanut Butter	340g	Essential Waitrose
	4653	Smooth Peanut Butter	340g	Essential Waitrose
	4654	Crunchy Peanut Butter	454g	Essential Waitrose
	4655	Wholenut Peanut Butter	340g	Essential Waitrose
	24699	Squeezy Honey	454g	Essential Waitrose
	31036	High Fruit Cherries and Berries Jam	340g	
	33052	smooth & creamy English Honey	340g	
	34912	High Fruit Orange Marmalade	340g	

	38299	Deep & Mellow Scottish Heather Honey	340g	
	39067	Bittersweet Seville Orange Fresh Fruit Marmalade	340g	
	40916	Sweet golden Orange Fresh Fruit Marmalade	340g	
	43005	Sparkling zesty lemon Fresh Fruit Marmalade	340g	
	43606	High Fruit Raspberry Jam	340g	
	63144	High Fruit Blackcurrant Jam	340g	
	65168	lively, reviving Ruby Grapefruit Fresh Fruit Marmalade	340g	
	74749	High Fruit Strawberry Jam	340g	
	388531	Floral & citrus scented orange blossom honey	340g	
	406943	Fine Cut Seville Orange Marmalade	340g	Waitrose Duchy Organic
	500993	Thick Cut Seville Orange Marmalade	340g	Waitrose Duchy Organic
	519592	Mild and delicate Acacia honey	340g	
	557614	Smooth Peanut Butter	454g	Essential Waitrose
	575959	Blackcurrant Preserve Extra Jam	340g	Waitrose Duchy Organic
	589105	Rich & sweet Australian blossom honey	340g	
	596553	Raspberry Preserve Extra Jam	340g	Waitrose Duchy Organic
	615219	Strawberry Preserve Extra Jam	340g	Waitrose Duchy Organic
	629321	Damson Preserve Extra Jam	340g	Waitrose Duchy Organic
	764373	thick & crunchy peanut butter	340g	Organic
	777779	Scottish Heather Honey	227g	
	801370	smooth & spreadable peanut butter	340g	Organic
	815239	refreshing Gooseberry Extra fruity preserve	340g	
	824827	Rhubarb and ginger Extra fruity preserve	340g	
	846092	warming stem Ginger preserve	340g	

## PRESERVES

52 Products

Category	Line	Product Name	Size	Sub-Brand
READY MEALS	7134	Mexican inspired Chilli con carne with rice	400g	
	13894	Sweet & sour chicken	350g	
	14459	Beef casserole	450g	
	17296	Half aromatic crispy duck	800g	
	20638	4 vegetable samosas	232g	Indian Tastes
	26935	Roast potatoes	400g	
	33261	Chicken chow mein	400g	
	37157	Pilau rice	300g	
	42420	Goan fish curry	350g	
	44280	Spinach and carrot pilau rice	300g	
	48860	Red Thai chicken curry	350g	
	57576	Crispy seaweed	60g	
	57696	Takeaway meal bag for 2	1276g	
	58562	Spaghetti with meatballs	400g	

	59961	Egg fried rice	350g	
	65604	Fragrant & nutty Pad Thai	400g	
	68595	Green Thai chicken curry	350g	
	72310	Tender Slow-Cooked Lamb Shanks	1kg	Menu from Waitrose
	74497	American inspired Chicken and prawn jambalaya	350g	
	77498	Mini spare ribs	250g	
	85942	Singapore noodles	350g	
	86617	Spaghetti Bolognese	400g	
	89766	Bombay potato	300g	
	97413	Beef in black bean sauce	350g	
	381046	Chef's Special Spicy & tangy kung po chicken	350g	
	393689	Special fried rice	350g	
	396077	Vibrant & fruity sweet and sour chicken with rice	400g	REGIONAL
	400689	Chicken Penang	350g	
	408173	Sausage & Root Vegetable Crush	380g	LoveLife Calorie Controlled
	412995	Egg noodles	250g	
	413605	Chicken Penang	320g	
	413809	World Café Spanish Inspired Patatas Bravas	230g	
	421397	Malay chicken	320g	
	464645	Spanish inspired Meatballs and potatoes with tomato sauce	370g	
	465344	Mini Poppadoms 50g	50g	
	482381	Succulent Pork Meatballs	480g	Menu from Waitrose
	483876	Spicy Piri Piri Chicken	420g	Menu from Waitrose
	498515	Steak, Mushroom and Red Wine Pie	550g	
	513212	Sweet Potato Chips (Chilled)	300g	From Waitrose
	515893	Chicken pepper fry	250g	
	523131	Tomato & Rosemary Chicken	390g	LoveLife Calorie Controlled
	528749	Kung po chicken	350g	
	531414	Chicken & Roasted Pepper Fettuccine	375g	LoveLife Calorie Controlled
	532582	Steak, Mushroom and Red Wine Pie	210g	
	534274	World Café Spanish Inspired Chorizo in Red Wine	180g	
	538224	Herb battered hake	300g	REGIONAL
	542955	World Café American Inspired Barbecue Pulled Pork	170g	
	546854	Chilli con Carne with rice	350g	LoveLife Calorie Controlled
	550999	Soy & ginger chicken wings	290g	
	557394	Crisp & colourful vegetable chow mein	300g	
	560471	World Café Spanish Inspired Chicken Romesco	150g	
	571530	Dim Sum Spicy Chicken Dumplings	120g	
	577780	Chicken in oyster sauce	350g	

	579606	Balsamic Roasted Beetroot and Red Onion	260g	
	588938	Szechuan Chicken with Rice	350g	LoveLife Calorie Controlled
	590597	Beef & Red Wine Casserole	380g	LoveLife Calorie Controlled
	595770	Beef & Pork Meatballs with Spaghetti	375g	LoveLife Calorie Controlled
	596913	Vegetables in Chinese curry sauce	360g	
	606384	Crisp & savoury snack selection	108g	
	610046	Mexican Inspired Vegetable chilli with rice	400g	
	621087	Beef & Pulled Pork Meatballs	420g	LOVE life
	625981	Beef rendang	320g	
	629162	6 vegetable spring rolls	216g	
	629919	Dim Sum Char Siu Buns	117g	
	631813	Tarka dal	300g	
	641784	Chicken with ginger & spring onion	350g	
	655458	Szechuan chicken sizzler	330g	
	656376	Dim Sum Prawn Dumplings	120g	
	659314	6 crunchy duck spring rolls	216g	
	659668	American inspired BBQ chicken with potatoes	350g	
	672362	Crispy prawns	210g	
	680629	Delicately aromatic Thai fragrant rice	300g	
	682811	Indian snack selection	312g	
	686893	Snack selection	116g	
	691434	Katsu chicken curry & rice	350g	
	698818	6 red Thai spiced chicken parcels	148g	
	698895	2 Steak & Kidney Puddings	2x190g	
	701135	Zesty duck a l'orange	515g	Menu from Waitrose
	702860	World cafe Spanish inspired chicken and chorizo paella	370g	
	705016	Beef rendang	350g	
	705238	Crispy Beef	250g	
	709369	Chicken in Szechuan sauce	350g	
	710428	Shanghai beef noodles	350g	
	710722	Beef & Barbeque Beans	375g	LoveLife
	717307	Black pepper chicken sizzler	330g	
	722529	Chicken pad Thai	350g	
	748538	10 Chinese pancakes	100g	
	750804	Rich and Tender Beef Ravioli	350g	
	752846	Dim Sum Siu Mai	166g	
	759383	Chinese inspired Sweet and sour chicken with rice	350g	
	761775	Thin & Crispy Frites	300g	From Waitrose
	764133	Rich Beef Bourguignon	560g	Menu from Waitrose
	791939	Thai sticky rice	350g	
	795291	Chicken with satay sauce	350g	

	796290	Chicken firecracker & rice	350g	
	801194	Prawn krapow	350g	
	812661	Rich Beef Casserole	750g	Menu from Waitrose
	814038	Chicken with cashew nuts	350g	
	814610	2 Steak Rich Crust Pies	2x250g	
	817904	Steak Pie	210g	
	821534	4 Prawn Toasts	146g	
	826464	Roasted Root Vegetables and Chicken Hotpot	400g	
	830547	Chicken Hotpot	400g	
	831908	Steak Pie	550g	
	833000	Steak and Stout Pie	210g	
	838689	Mandarin chicken sizzler	330g	
	845077	Smoky Paella	800g	Menu from Waitrose
	846811	Chicken with chilli bean sauce	350g	
	848361	Hanger Steak Rich Crust Pie	250g	Heston From Waitrose
	849469	Coconut rice	300g	
	853372	Battered chicken with sweet & sour sauce	380g	
	858701	Lamb with lemon and coriander	350g	
	865580	Battered chicken with lemon sauce	380g	
	867289	Chicken and Prawn Paella	400g	LoveLife Calorie Controlled
	867869	Vegetable Thoran	260g	
	869479	Lamb hotpot	400g	
	872296	Crisp & chunky potato Wedges	400g	
	878906	Butternut squash curry	320g	
	879085	Chicken massaman curry	320g	
	884067	Chicken & prawn laksa	380g	
	888011	World Café Spanish Inspired Pork & Beef Meatballs	190g	
	888232	Confit Duck	675g	Heston From Waitrose
	890153	Takeaway meal bag for 2	1126g	
	899488	Crisp & Golden chunky chips	450g	From Waitrose
<b>READY MEALS</b>	<b>124</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
READY TO COOK	7174	Lamb leg joint with a redcurrant & rosemary glaze	550g	Easy to Cook
	16867	Beef meatloaf, hand wrapped in Prosciutto Crudo	590g	Easy to Cook
	22126	Gammon steaks with pineapple & mango	325g	Easy to Cook
	84207	Gammon joint with a sweet maple syrup glaze	456g	Easy to Cook
	404506	Smoky chicken and chorizo traybake	720g	Easy to Cook
	420264	Butterflied pork shoulder with honey, garlic & rosemary	500g	Easy to Cook
	432375	Garlic, lemon and rosemary chicken traybake	780g	Easy to Cook
	461585	2 Beef steaks with pink peppercorn crust	250g	Easy to Cook



	487803	Trout with soy, chilli & ginger glaze	383g	Easy to Cook
	498208	Chicken breast fillets with a coconut Laksa sauce	330g	Easy to Cook
	535115	Garlic and herb chicken breast fillets	270g	Easy to Cook
	576278	Butterflied lamb shoulder with fragrant harissa, preserved lemon & coriander	277g	Easy to Cook
	667619	Tomato & basil chicken breasts	270g	Easy to Cook
	669319	Lamb shoulder noisettes with a crushed pea & mint stuffing	400g	Easy to Cook
	672919	Chicken, tomato and butterbean traybake	765g	Easy to Cook
	740078	Coq au vin	745g	Easy to Cook
	750950	Piri piri chicken traybake	780g	Easy to Cook
	756808	Butterflied pork leg marinated with olive oil, lemon and roasted garlic	380g	Easy to Cook
	758476	Spiced lamb and beef meatball traybake	635g	Easy to Cook
	762972	Pork loin crackling joint	500g	Easy to Cook
	794227	Whole spatchcock chicken with a smoky tomato marinade, patatas bravas & chorizo	1.7kg	Easy to Cook
	874648	Chicken breasts with a chick pea, red pepper & chorizo stuffing	334g	Easy to Cook
	878447	Pork leg roasting joint wrapped in bacon with apples & crackling	415g	Easy to Cook
	890148	Lemon and pepper chicken breast fillets	267g	Easy to Cook
	890694	Chicken with Lime, Ginger and Coriander	285g	Easy to Cook

## READY TO COOK

25 Products

Category	Line	Product Name	Size	Sub-Brand
RICE	5872	Brown basmati rice	1kg	LOVE life
	11820	Bomba Paella Rice	500g	
	17441	Easy Cook Long Grain Rice	500g	Essential Waitrose
	17442	Easy Cook Long Grain Rice	1kg	Essential Waitrose
	17443	Easy Cook Long Grain Rice	2kg	Essential Waitrose
	17445	Long Grain Rice	500g	Essential Waitrose
	17446	Long Grain Rice	1kg	Essential Waitrose
	17450	Whole Grain Rice	1kg	Essential Waitrose
	17455	Basmati Aromatic Rice	500g	
	17456	Basmati Aromatic Rice	1kg	
	17457	Basmati Aromatic Rice	2kg	
	17459	Essential Whole Grain Rice Easy Cook	1kg	Essential Waitrose
	17460	Short Grain Rice	500g	Essential Waitrose
	17463	Arborio Risotto Rice	500g	
	17546	microwaveable whole grain rice	250g	
	24505	long grain rice	500g	Organic
	27522	Jasmine Hom Mali Rice	1kg	
	28655	Whole Grain Rice	2kg	Essential Waitrose
	35918	Basmati Aromatic Rice	500g	Organic
	43438	microwaveable pilau rice	250g	
	56259	Basmati and Wild Rice	1kg	

	56788	microwaveable long grain rice	250g	
	58838	Organic Whole Grain Rice	1kg	LOVE life
	86264	microwaveable basmati rice	250g	
	90428	Organic whole grain rice	500g	LOVE life
	504251	Basmati Rice	1kg	Essential Waitrose
<b>RICE</b>	<b>26</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
SALAD BAR	607003	Rice, edamame and crunchy vegetable salad	1kg	
	786567	Oriental Green Beans	550g	
<b>SALAD BAR</b>	<b>2</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
SALAD DRESSINGS	14460	Vinaigrette Dressing	250ml	Essential Waitrose Black and White Low Fat
	23669	Organic Mayonnaise	250ml	Organic
	34537	Mayonnaise	250ml	Essential Waitrose
	34538	Mayonnaise	500ml	Essential Waitrose
	34539	Mayonnaise	750ml	Essential Waitrose
	34540	Lemon Mayonnaise	250ml	
	34541	Garlic mayonnaise	250ml	
	34542	Half Fat Mayonnaise	250ml	Essential Waitrose
	34543	Half Fat Mayonnaise	500ml	Essential Waitrose
	34544	Half Fat Mayonnaise	750ml	Essential Waitrose
	34569	French Dressing	250ml	Essential Waitrose
	34570	Italian Dressing	250ml	Essential Waitrose
	34571	Thousand Island Dressing	250ml	Essential Waitrose
	78545	Wholegrain mustard mayonnaise	250ml	
	382718	Half Fat Mayonnaise Squeezy bottle	430ml	Essential Waitrose
	523215	Alphonso mango, chilli & pineapple Dressing	235ml	
	527376	Italian balsamic and olive oil dressing	235ml	
	570343	Mayonnaise with 5% Extra Virgin Olive Oil	250ml	
	649684	Half Fat Olive Oil Dressing	235ml	
	655320	Mayonnaise with 5% Extra Virgin Olive Oil	500ml	
	694939	Honey and Three Mustard Dressing	235ml	
	747895	Olive Oil Dressing	235ml	
	785853	Mayonnaise	430ml	Essential Waitrose
	821852	Piri Piri Dressing	235ml	
	834031	Lemongrass, Ginger & Lime Dressing	235ml	
<b>SALAD DRESSINGS</b>	<b>25</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
Ssausages	8098	Free range 6 pork chipolatas wrapped in dry cured bacon	246g	
	30898	18 Perfectly seasoned gourmet pork cocktail sausages with black pepper and nutmeg	292g	
	44767	6 Sweet & juicy pork sausages with Bramley apple	400g	

	49236	12 Aromatic pork & herb chipolatas seasoned with rosemary & thyme	375g	
	49426	6 Succulent and tasty pork sausages with fresh leeks and chives	400g	
	51101	12 Cumberland pork chipolatas seasoned with black pepper & nutmeg	340g	
	51402	Perfectly seasoned gourmet pork sausagemeat with black pepper & nutmeg	450g	
	58932	british pork 30 cocktail sausages	390g	Essential Waitrose
	59843	Pork garnish assortment	508g	Waitrose Christmas
	72935	Free range British pork sausagemeat	400g	Waitrose Duchy Organic
	88245	6 Subtly spiced pork sausages with sweet chilli relish, garlic and herbs	400g	
	363544	6 Free range pork sausages, succulent and full flavoured	400g	
	415872	Free Range 20 Cumberland & Lincolnshire pork cocktail sausages	360g	
	426814	10 Venison & Pork cocktail sausage bacon wraps	200g	Waitrose Christmas
	443101	british pork 12 chipolatas	340g	Essential Waitrose
	447216	16 pork cocktail sausages wrapped in maple cured bacon	264g	
	447508	6 Rich and smoky chorizo sausages made with fresh pork, red peppers and paprika	400g	
	460933	british pork sausagemeat	700g	Essential Waitrose
	461789	6 Sweet & succulent pork sausages with caramelised red onion confit	400g	
	493883	12 Rich and meaty Aberdeen Angus beef chipolatas with cracked black pepper	340g	
	495843	6 Rich and flavoursome venison and pork sausages with port, thyme & citrus	380g	
	508390	Pork Stuffing with winter fruit chutney	450g	Waitrose Christmas
	524931	6 Free range Cumberland pork sausages seasoned with nutmeg, mace and fresh herbs	400g	
	532755	Pork, Chestnut, Roasted Onion and Thyme Sausagemeat Stuffing	450g	Waitrose Christmas
	553095	4 Free range pork sausages, succulent and full flavoured	265g	
	554922	6 Perfectly seasoned gourmet pork sausages with black pepper and nutmeg	400g	
	557579	British free range pork chipolatas (12 chipolatas)	340g	Waitrose Duchy Organic
	590502	6 Pork & Sprout Sausagemeat Stuffing Bacon Wraps	300g	Waitrose Christmas
	592983	8 Honey and rosemary pork chipolatas wrapped in oak smoked dry cured bacon	324g	
	594321	British free range pork sausages with mixed herbs	400g	Waitrose Duchy Organic
	628937	4 Ultimate smoky sausages	300g	Heston From Waitrose
	630869	british pork sausagemeat	454g	Essential Waitrose
	675976	6 succulent and smoky pork sausages with ancho chilli and mixed beans	400g	
	689279	12 Free range pork chipolatas, succulent and full flavoured	375g	
	703733	british pork 16 sausage and bacon rolls	272g	Essential Waitrose
	704026	12 Perfectly seasoned gourmet pork chipolatas with black pepper and nutmeg	375g	

	717844	British free range pork chipolatas with honey and rosemary (12 chipolatas)	340g	Waitrose Duchy Organic
	725457	british pork 8 sausages	454g	Essential Waitrose
	735273	6 Free range Lincolnshire pork sausages with fresh parsley, sage & thyme	400g	
	744398	British free range pork sausages (6 sausages)	400g	Waitrose Duchy Organic
	787982	6 Richly flavoured Toulouse sausages with smoked bacon, red wine and garlic	400g	
	814815	12 Devils on Horseback	145g	
	824649	12 Free range pork sausages, succulent and full flavoured	800g	
	831689	6 spicy sausages made with pork, smoked pork, paprika and garlic	400g	Limited Edition
	852455	6 Venison, pork & port sausagemeat stuffing wraps	342g	Waitrose Christmas
	854302	4 Jumbo free range pork sausages, thick, succulent and full flavoured	400g	
	880370	Waitrose from Heston Pigs in blankets with a festive wrap of apricot and quince sauce	324g	Heston From Waitrose
	889482	4 Spicy goan choris sausages	300g	Heston From Waitrose
	894969	british pork 12 sausages	681g	Essential Waitrose
<b>SAUSAGES</b>	<b>49</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
Savoury Bakery & BWST Grazing	403388	Royal Deeside Natural Mineral Water	each	
	861481	Royal Deeside Natural Mineral Water	each	
<b>Savoury Bakery &amp; BWST Grazing</b>	<b>2</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
SAVOURY BISCUITS	2124	Cream Crackers	300g	Essential Waitrose
	2348	High Bake Water Biscuits	200g	Essential Waitrose
	2583	Poppy & Sesame Seed Thins	150g	Essential Waitrose
	2619	Grissini plain breadsticks	125g	
	2620	Grissini Sesame Breadsticks	125g	
	31471	Mini Breadsticks with Extra Virgin Olive Oil ( 7% )	95g	
	49391	Breadsticks	125g	LOVE life - you count
	581607	Waitrose Fine Oatcake	250g	LOVE life
	630668	Waitrose Seeded Oacakes	250g	LOVE life
	686552	Waitrose Rough Oatcake	250g	LOVE life
	817302	Tomato & Basil Thins	100g	From Waitrose
	875963	Multiseed Thins	66g	From Waitrose
<b>SAVOURY BISCUITS</b>	<b>12</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
SLICED BREAD	23554	Soft White Thick Sliced Bread	800g	
	25062	White and Wholemeal Thick Sliced Bread	800g	
	41103	Farmhouse Batch Multigrain	800g	
	49520	Farmhouse Batch Wholemeal love life	800g	LOVE life
	51445	Farmhouse Batch Soft White	800g	

	55015	Brown Thin Sliced Bread	800g	Essential Waitrose
	55018	White Medium Sliced Bread	800g	Essential Waitrose
	55041	Stoneground Wholemeal Bread Medium Sliced Love Life	800g	LOVE life
	55044	Stoneground Wholemeal Bread Thick Sliced love life	800g	LOVE life
	55051	Wholemeal Medium Sliced Bread	800g	Essential Waitrose
	71616	White and Wholemeal Medium Sliced Bread	800g	
	75319	Soft White Medium Sliced Bread	800g	
	463468	Farmhouse Batch Multi Seeded	800g	LOVE life
	515769	Thick Sliced White Farmhouse Bread	800g	
	552333	Thick Sliced White Farmhouse Bread	400g	
	582519	Wholemeal Batch	800g	Waitrose Duchy Organic
	895796	Stoneground Wholemeal Bread Thick Sliced love life	400g	LOVE life
<b>SLICED BREAD</b>	<b>17</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
SMOKED SALMON	1754	Prawn cocktail	200g	From Waitrose
	5067	Delicate and mild smoked rainbow trout	100g	From Waitrose
	5694	Sweet & juicy Madagascan crevettes with a lemon mayonnaise dip	260g	
	8431	Succulent and delicious prawn cocktail Reduced fat	200g	From Waitrose
	16009	Rich and smoky peat and heather Scottish smoked salmon	140g	From Waitrose
	34821	Succulent and sweet, extra large tiger prawns	140g	
	40832	Firm & succulent jumbo king prawns	150g	
	43847	Plump and sweet North Atlantic prawns	200g	From Waitrose
	48316	smoked mackerel fillets	per kg	Essential Waitrose
	48318	Succulent boneless smoked mackerel fillets	per kg	
	48743	Sweet and aromatic gravadlax	145g	
	49070	Rich and firm wild Alaskan smoked salmon	100g	
	373389	Prawn Cocktail	180g	Heston From Waitrose
	373717	Cooked Seafood Selection	200g	Essential Waitrose
	379897	Succulent & juicy jumbo shell on king prawns	160g	
	388435	Firm & succulent jumbo king prawns	220g	
	427343	Cooked Peeled Prawns	175g	Essential Waitrose
	439900	Sticky BBQ kiln roasted Scottish salmon fillets	170g	
	451045	Mild and delicate Scottish smoked salmon	100g	From Waitrose
	471282	Large whole cooked Canadian lobster	400g	Waitrose Christmas
	471485	2 Smoky kiln roasted Scottish Salmon fillets with sweet chilli sauce	200g	
	484412	Succulent & smoky kiln roasted Scottish salmon flakes	100g	
	488538	Christmas spice Scottish smoked salmon	100g	Waitrose Christmas
	548970	Tender & delicate poached Scottish salmon fillets	170g	
	610537	Lapsang Souchong Tea Smoked Salmon	100g	Heston From Waitrose

	622083	Succulent & smoky kiln roasted Scottish salmon slices	150g	
	623293	Smoked Salmon	120g	Waitrose Duchy Organic
	661088	Sweet red pepper boneless smoked mackerel fillets	150g	
	676717	peppered smoked mackerel fillets	11x310g	Essential Waitrose
	702783	Mild and delicate Scottish smoked salmon pieces	100g	From Waitrose
	724825	Wild garlic marinated cooked king prawns with roasted garlic aioli	190g	
	728268	Mild and delicate Scottish smoked salmon	300g	
	734557	Delicate lemon & herb poached Scottish salmon fillets	170g	
	746556	Cooked King Prawns	150g	Essential Waitrose
	795374	Succulent boneless smoked mackerel fillets	230g	
	828027	Seafood Sticks	250g	Essential Waitrose
	829143	Jasmine tea hot smoked mackerel	150g	Heston From Waitrose
	848088	Sweet & succulent honey & soy smoked mackerel fillets	150g	
	872527	2 Blackened spiced kiln roasted Scottish salmon fillets with mango & chilli relish	200g	
	888072	Scottish smoked salmon	200g	Essential Waitrose
	891713	Delicate & tender kiln smoked rainbow trout fillets	per kg	From Waitrose
<b>SMOKED SALMON</b>	<b>41</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
SPECIALITY MEAT	60723	British season lean & mild diced venison	300g	
	66568	Tender, thinly sliced British veal escalopes	per kg	
	91976	British diced veal	275g	
	98435	New Zealand mild & tender venison steak	135g	
	406511	2 New Zealand mild & tender venison steaks	per kg	
	456037	Succulent British veal shoulder joint	per kg	
	476915	Delicate and sweet British calves' liver	per kg	
	544322	Delicately flavoured British veal mince (Typically 15% fat)	400g	
	630244	2 lightly seasoned lean & tasty venison burgers	227g	
	646237	2 British season mild & tender venison steaks	per kg	
	663989	New Zealand diced venison	300g	
	776285	Tender British veal chop	per kg	
	800996	Gently seasoned venison meatballs	275g	
	814723	Lean & tender venison mince	300g	
	847780	4 tender British veal burgers	454g	
	885086	Mild & Tender British venison loin medallions	per kg	
<b>SPECIALITY MEAT</b>	<b>16</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
SPECIALITY & SLICED BREAD	17670	2 Half Ciabattas	2s	
	18784	Mixed Olive Ciabatta	270g	
	55337	Ciabatta	270g	

	57910	White Pitta Bread	6s	Essential Waitrose
	57911	Wholemeal Pitta	6s	Essential Waitrose
	57914	White Picnic Pitta	8s	Essential Waitrose
	58547	6 brown pitta bread	6s	Waitrose Duchy Organic
	73001	walnut bread	400g	
	97698	white sliced bloomer	400g	
	408747	10 mini white pitta	10s	Essential Waitrose
	493513	White Sourdough	500g	
	493820	8 Large Tortilla Wraps	512g	Essential Waitrose
	523916	Wheat 'N' Rye Quarter	500g	
	603055	4 Mixed Olive Focaccia	180g	Essential Waitrose
	625468	Wheat, Rye and Sunflower Bloomer	400g	Waitrose Duchy Organic
	653557	Wholemeal seeded bloomer	400g	Waitrose Duchy Organic
	653720	Wheat & Rye Sourdough PP	500g	
	665623	Heyford Sliced Bloomer love life	400g	LOVE life
	706866	4 Rosemary and Sea Salt Focaccia	200g	Essential Waitrose
	725437	3 Malts Sourdough with mixed seeds PP	500g	
	784624	Wheat and Wholemeal Spelt Sliced Loaf	400g	LOVE life
	832990	Wheat & Rye Seeded Sourdough Loaf	500g	
	836939	8 Wholemeal Tortilla Wraps	512g	Essential Waitrose
	868191	Wholemeal, rye & toasted rye grain loaf love life	400g	LOVE life
	888118	8 Seeded Tortilla Wraps	512g	LOVE life
<b>SPECIALITY &amp; SLICED BREAD</b>	<b>25</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
STEAK AND OYSTER BAR	3897	7oz Dry Aged Aberdeen Angus Rib Eye Steak	7oz	
	43935	Dry Aged sirloin Steak	each	
	52347	Dry Aged Rib Eye Steak	7 oz	
	76720	Wild Alaskan sock eye salmon fillet	each	
	377470	Fish of the day	each	
	402821	Dry Aged sirloin Steak	each	
	464221	Surf 'n' Turf	each	
	473312	Dry Aged Rib Eye Steak	each	
	520364	Fish of the day	each	
	553212	Fillet steak	each	
	561257	Wild Alaskan sock eye salmon fillet	each	
	570451	Fish of the day	each	
	585813	Fish of the day	each	
	693255	Oysters	each	
	697352	Fish of the day	each	
	701960	Mixed Fish Grill	each	
	707796	Fish of the day	each	

	774464	Fish of the day	each	
	796929	Aberdeen Angus Dry Aged Sirloin Steaks	199g	Cafe
<b>STEAK AND OYSTER BAR</b>	<b>19</b>	<b>Products</b>		
Category	Line	Product Name	Size	Sub-Brand
STOCK STUFFING & GRAVY	394853	Fine Crystal Sea Salt	350g	
	538358	Cooking Salt	1.5kg	Essential Waitrose
	600959	Table Salt	400g	Essential Waitrose
	694577	Coarse Crystal Sea Salt	350g	
<b>STOCK STUFFING &amp; GRAVY</b>	<b>4</b>	<b>Products</b>		
Category	Line	Product Name	Size	Sub-Brand
SUGAR	8002	Fairtrade Dark brown soft sugar	500g	
	8003	Fairtrade Light Brown Soft Sugar	500g	
	8512	Fairtrade Golden Granulated Sugar	1kg	
	8521	Fairtrade Golden caster sugar	1kg	
	8601	Fairtrade Demerara sugar	500g	
	8602	Fairtrade Demerara sugar	1kg	
	8621	Fairtrade Light Brown Muscovado Sugar	500g	
	8623	Fairtrade Light Brown Muscovado Sugar	1kg	
	8626	Fairtrade Dark Brown Muscovado Sugar	500g	
	8627	Fairtrade Dark Brown Muscovado Sugar	1kg	
	670194	Fairtrade Light Brown Soft Sugar	1kg	
	814790	Fairtrade Dark brown soft sugar	1kg	
<b>SUGAR</b>	<b>12</b>	<b>Products</b>		
Category	Line	Product Name	Size	Sub-Brand
WAITROSE LOVE LIFE	2192	Red kidney beans	500g	LOVE life
	2233	red camargue & wild rice	500g	LOVE life
	11630	Muesli Base	750g	LoveLife
	14418	10 bean mix	500g	LOVE life
	26653	Bulgar wheat	500g	LOVE life
	29199	Lentils	500g	LOVE life
	29400	Golden linseed	500g	LOVE life
	34159	Yellow split peas	500g	LOVE life
	38533	brown basmati, red camargue & wild rice	500g	LOVE life
	38541	Flageolet beans	500g	LOVE life
	48555	Pinto beans	500g	LOVE life
	50437	Fruit, Seed and Nut Muesli	750g	LOVE life
	52681	Chick peas	500g	LOVE life
	54793	brown basmati & wild rice	500g	LOVE life
	55532	Pearl barley	500g	LOVE life
	59324	Quinoa	500g	LOVE life
	59951	Borlotti beans	500g	LOVE life
	71422	Haricot beans	500g	LOVE life
	71824	Soup mix	500g	LOVE life



	77163	Organic red split lentils	500g	LOVE life
	82296	Adzuki beans	500g	LOVE life
	84436	Black turtle beans	500g	LOVE life
	86398	Organic Green lentils	500g	LOVE life
	86628	Organic brown basmati rice	1kg	LOVE life
	88794	Mixed roasted nuts	250g	LOVE life
	89472	Green lentils	500g	LOVE life
	96498	Red split lentils	500g	LOVE life
	412466	Organic ready to eat soft dried prunes	250g	LOVE life
	428725	Chia seeds	375g	LOVE life
	477695	Banana Slices	270g	LOVE life
	483368	Giant Wholewheat Couscous	300g	LOVE life
	493856	Wholewheat couscous	500g	LOVE life
	497709	Quinoa, Chick Peas, Bulgar Wheat and Wholegrain rice	250g	LOVE life
	540007	Organic Ready to Eat Soft Dried Figs	250g	LOVE life
	555711	Roasted Pistachios	400g	LOVE life
	557126	Spelt, Quinoa, Red & Wild Rice	250g	LOVE life
	574883	Red and white quinoa with bulgar wheat	500g	LOVE life
	585879	Quick Cook Minestrone	250g	LOVE life
	595660	Soft Pineapple	180g	LOVE life
	596644	Red split lentils	1kg	LOVE life
	604408	Quick cook wholewheat bulgar	250g	LOVE life
	639696	Quick Cook barley mix	250g	LOVE life
	646803	Quick Cook farro dicocco	250g	LOVE life
	671671	Organic ready to eat soft dried apricots	250g	LOVE life
	804988	Buckwheat	375g	LOVE life
	819922	Quick cook freekeh and quinoa	250g	LOVE life
	828628	Quick cook wholewheat bulgar, millet and red rice	250g	LOVE life
	831727	Amaranth	375g	LOVE life
	839760	Puy Lentils & Quinoa	250g	LOVE life
	847662	Spelt	375g	LOVE life
	849745	Puy Lentils	250g	LOVE life
	856457	Barley, Wheatberries, Spelt & Rice	250g	LOVE life
	864958	Quick Cook Italian 5 Grains	250g	LOVE life
	865436	3 Colour Quinoa	375g	LOVE life
<b>WAITROSE LOVE LIFE</b>	<b>54</b>	<b>Products</b>		
<b>Category</b>	<b>Line</b>	<b>Product Name</b>	<b>Size</b>	<b>Sub-Brand</b>
WAITROSE LOVE LIFE FRV	43541	Roasted Monkey Nuts	350g	LOVE life
	405168	Vitality Mix 50 g e	5x50g	LOVE life
	554859	Daily Vigour mix	5x50g	LOVE life
	849357	Sports mix 50 g e	5x50g	LOVE life
<b>WAITROSE LOVE LIFE FRV</b>	<b>4</b>	<b>Products</b>		

Category	Line	Product Name	Size	Sub-Brand
WORLD CUISINE	60384	Mango Chutney	350g	
	62764	medium egg noodles	250g	
	91761	fine egg noodles	250g	
	99295	Hot & Spicy Mango Chutney	350g	
	386973	A SPLASH OF CHINESE RICE VINEGAR	250ml	Cooks' Ingredients
	413782	A Handful of Sushi Rice	500g	Cooks' Ingredients
	414543	Vietnamese Inspired Pho Broth	each	Cooks' Ingredients
	419876	A Splash Of Nam Pla Fish Sauce	150ml	Cooks' Ingredients
	421564	Coconut Cream	160ml	Essential Waitrose
	422836	A Spoonful Of Korma Curry Paste	200g	Cooks' Ingredients
	446420	Coconut Milk	400ml	Essential Waitrose
	451318	GLAZE WITH THE TERIYAKI SAUCE	250ml	Cooks' Ingredients
	461344	Barberries	30g	Cooks' Ingredients
	462594	A Spoonful Of Tikka Curry Paste	200g	Cooks' Ingredients
	469010	A Handful Of Shiitake Mushrooms	25g	Cooks' Ingredients
	469945	A SPLASH OF SHAOXING RICE WINE	250ml	Cooks' Ingredients
	490310	Keralan Curry Paste	175g	Cooks' Ingredients
	516074	A DASH OF LIGHT SOYA SAUCE	250ml	Cooks' Ingredients
	518877	Panch Phoran	60g	Cooks' Ingredients
	520410	Aubergine Pickle	300g	
	523493	Carrot Pickle	285g	
	525905	A Spoonful Of Balti Curry Paste	200g	Cooks' Ingredients
	532574	A Sprinkle Of Palm Sugar	125g	Cooks' Ingredients
	555332	Thai Hot Chilli Dipping Sauce	295ml	Cooks' Ingredients
	560149	Spice It Up With Achari Marinade	200g	Cooks' Ingredients
	561939	Be Bold With The Rogan Josh Curry Paste	200g	Cooks' Ingredients
	568160	WR CI Yuzu Juice	60ml	Cooks' Ingredients
	569109	A Spoonful Of Tamarind Paste	100g	Cooks' Ingredients
	584065	A Measure Of Onion Base for Curry	300g	Cooks' Ingredients
	601556	Lime Pickle	300g	
	608141	Louisiana Style BBQ & Bourbon Sauce	350g	Cooks' Ingredients
	614033	A SPLASH OF JAPANESE RICE VINEGAR	250ml	Cooks' Ingredients
	615202	Waitrose Harrissa paste	95g	Cooks' Ingredients
	623798	Organic Coconut Cream	160ml	Organic Cooks' Ingredients
	629016	Be Bold With The Thai Red Curry Paste	100g	Cooks' Ingredients
	635447	White Miso Glaze	200g	Cooks' Ingredients
	639210	WR CI Dukkah Spice Blend	50g	Cooks' Ingredients
	646840	A DASH OF DARK SOYA SAUCE	250ml	Cooks' Ingredients
	666051	Ancho Chilli Paste	90g	Cooks' Ingredients
	666268	Sweet and Sour Sauce	500g	Essential Waitrose
	682575	A Bundle Of Lemon Grass Stalks	3g	Cooks' Ingredients
	689406	Sweet Garam Masala	50g	Cooks' Ingredients

	697038	Waitrose Laksa Paste	185g	Cooks' Ingredients
	697429	A Scatter Of Kaffir Lime Leaves	1g	Cooks' Ingredients
	698926	A SPLASH OF MIRIN RICE WINE	250ml	Cooks' Ingredients
	700301	Coconut Milk	400ml	Essential Waitrose
	720254	WR CI Yakitori Sauce	175g	Cooks' Ingredients
	723770	BE GENEROUS WITH THE HOISIN SAUCE	240g	Cooks' Ingredients
	735057	Organic Coconut Milk	400ml	Organic Cooks' Ingredients
	743101	Be Bold With The Keralan Curry Paste	200g	Cooks' Ingredients
	750505	BE GENEROUS WITH THE PLUM SAUCE	240g	Cooks' Ingredients
	765332	BE GENEROUS WITH THE BLACK BEAN SAUCE	220g	Cooks' Ingredients
	768133	Thai Sweet Chilli Dipping Sauce	295ml	Cooks' Ingredients
	769648	Be Bold With The Thai Green Curry Paste	100g	Cooks' Ingredients
	770689	Jalfrezi Sauce	350g	
	778109	Mexican Inspired Kit	each	Cooks' Ingredients
	780714	Jerk Marinade	200g	Cooks' Ingredients
	787362	Essential Jalfrezi Cooking Sauce	500g	Essential Waitrose
	793132	BE GENEROUS WITH THE OYSTER SAUCE	240g	Cooks' Ingredients
	809775	TINGA COOKING SAUCE	350g	
	815429	Persian inspired Harissa	350g	Cooks' Ingredients
	845548	Massaman Thai Curry Paste	100g	Cooks' Ingredients
	888413	Gochujang Chilli Paste	110g	Cooks' Ingredients
	897504	KATSU CURRY COOKING SAUCE	50g	
<b>WORLD CUISINE</b>	<b>64</b>	<b>Products</b>		